



ACCELERATED EDUCATION PROGRAMME FOR UGANDA

CAPES LEVEL TWO

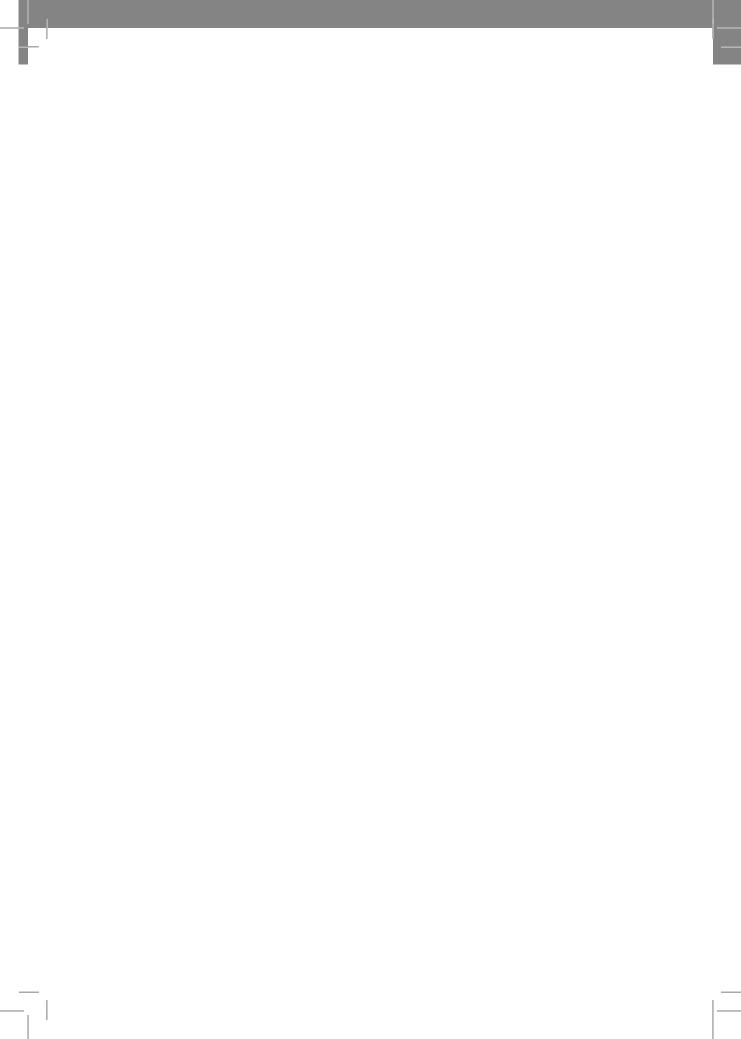
SYLLABUS















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Supported by





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FOREWORD

Uganda has made important strides in promoting children's rights over the past 20 years. In order to fully understand the lives of children in the country today and the issues that continue to hamper the achievement of their full potential, it is important to take a systematic look at the situation of children and specifically the disadvantaged (refugees and out of school children).

Children and youth frequently miss out on substantial amounts of schooling due to a variety of reasons including poverty, marginalisation, conflict, and crisis. Currently, according to the UNESCO Institute for Statistics, there are approximately 263 million children and youth out of school globally. With each missed school year, there is greater risk that they will be unable to return to formal education and greater risk to their protection as a result. Responding to the needs of these learners has increasingly led governments and agencies to provide more flexible forms of education such as "Accelerated Education".

Uganda has a big number of children and youth out of school. The most affected are; displaced children (internally and externally), combatants as well as girls and children with disabilities who usually find it difficult to access and complete their education. The enactment of the Sustainable Development Goals (SDGs) reaffirms a global commitment to ensuring that all boys and girls have access to, and complete, free, equitable, and quality Primary education by 2030.

Over-age learners who enrol in formal education systems are found to be much more likely to drop out early because of; poor instructional strategies and methodologies, and stigmatization. Children who do not start school at the correct age would likely remain out of school, and those who enter when they are already over aged face multiple challenges including sharing classrooms and studying with much younger children (thus inferiority complex).

The accelerated education curriculum provides an opportunity for these over-aged out-of-school children to access education, catch up and transition back into the formal system, secondary education, vocational training and livelihoods.

A noonin

Hon. Janet Museveni Kataaha
MINISTER OF EDUCATION AND SPORTS



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Grace Baguma

DIRECTOR,

NATIONAL CURRICULUM DEVELOPMENT CENTRE

List of Acroynms

AEP: Accelerated Education Program

MOES: Ministry Of of Education & Sports

NCDC: National Curriculum Development Centre

NRC: Norwegian Refuguee Council

SEN: Special Educational Needs

SNE: Special Needs Education



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Introduction

Rationale

Children and youth frequently miss out on substantial amounts of schooling due to a variety of reasons including poverty, marginalisation, conflict, and crisis. Accelerated Education Programme (AEP) emphasises speeding up a curriculum, and allowing students to complete a certified, equivalent level of education in a shortened timeframe. This requires increased and more effective time on task, an emphasis on literacy and numeracy with a socio-emotional learning component and oftentimes, removal of non-core subjects. Programmes also often demonstrate flexibility to meet the unique needs of the learners they aim to serve – both in relation to timetabling and location of instruction. The intention of this flexibility is to enable students to study in a way and at a level appropriate to their ability, age and circumstance.

The AEP targets the over-aged learners who, in one way or another, were disadvantaged and dropped out of the normal Primary school cycle. The AEP intends to help learners of age group 10-18 years to catch up and accomplish the Primary level in a shorter time of three instead of seven years. It is structured in levels i.e. Level 1 (P1-P3) which is equivalent of the Thematic Section in Primary school. Level 2 combines P4 and P5 and Level 3 combines P6 and P7. Each level merges the curricula content in relevant classes which is to be completed in one year.

On completion of an AEP, the learners should be able to either reintegrate into the formal schooling system, or enter into skills-based technical and vocational education, or to enter directly into the workforce, but with core literacy and numeracy skills in place. There are varied structures of an AEP, and they vary in their pace of acceleration, the age range they target, and the approach to teaching and learning that they employ.

This AEP is a review of the curriculum for various non-formal education programmes which Uganda has been implementing since 2011 to address educational barriers of different communities.

Scope and Sequence

Each theme/topic of this curriculum is comprised of: Overview; learning outcome(s); subject competences; language competences; content; suggested teaching/ learning activities; life skills indicators and values; suggested competences for assessment and hints for the teacher.

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The National Aims of Education

This programme is designed to address the National Aims of Education and the Aims and Objectives of Primary Curriculum as specified in the Government White Paper on the Education Policy Review Commission Report (1992).

The aims of education are:

- 1. To promote understanding and appreciation of the value of national unity, patriotism and cultural heritage, with due consideration to internal relations and beneficial interdependence;
- 2. To inculcate moral, ethical and spiritual values in the individual and to develop self-discipline, integrity, tolerance and human fellowship.
- 3. To inculcate into Ugandans a sense of service, duty and leadership for participation in civic, social and national affairs through group activities in educational institutions and the community.
- 4. To promote scientific, technical and cultural knowledge, skills and attitudes needed to enhance individual and national development.
- 5. To eradicate illiteracy and equip the individual with basic skills and knowledge to exploit the environment for self-development as well as national development; for better health, nutrition and family life, and the capacity for continued learning; and
- 6. To equip the learners with the ability to contribute to the building of an integrated, self-sustaining and independent national economy.

Objectives of Primary Education in Uganda

- 1. To enable individuals to acquire functional literacy, numeracy and communication skills in Ugandan languages and English.
- 2. To develop and maintain sound mental and physical health.
- 3. To instil the value of living and working cooperatively with other people and caring for others in the community.
- 4. To develop cultural, moral and spiritual values of life.
- 5. To inculcate an understanding of and appreciation for, the protection and utilization of the natural environment using scientific and technological knowledge.
- 6. To develop a sense of patriotism and unity, an understanding of one's rights and responsibilities and an appreciation of the need to participate actively in civic matters.

- 7. To develop pre-re uisite for continuing ed cation and de elopment.
- 8. To develop adequate practical sil ls for making a living.
- 9. To de elop appreciation for the dignit of work and for mai ng a living by one's honest effort.
- 10. To develop the abilit to use the problem-solng approach in vario s life sit ations.
- 11. To develop discipline and good manners.

Definition of Terms

Learning outcome is a broad behavioal change or abilit demonstrated after a learning period Learning o tcomes define the ora ll direction of the teaching and learning process. They are what the learner ders tands, n os and is able to do. They are achieved thro gh competences.

Competence is what one is able to do as a result of learning or what the learner der stands, n os and is able to do Competences describe the specific abilities of the learner. It is what the learner can de onstrates ho and do as a result of being e posed to the given Science content. The syllab s stipl ates subject and language co petences to be de eloped in each topic. These competences focus on n oedg e, comprehension application and attitd e change. Language competences have been e phasised to enhance literacy skills.

Assessment - Assessment is the processes of gathering and discussing information from multiple and diverse so rces in order to de elop a deep ders tanding of what students n ow, der stand and can do with their n oedg e as a result of their educational e periences; the process culminates when assessment results are used to improve subsequent learning.

Values are the desired standards of beha io r acceptable in a given societ . Values need to be de eloped dii ng and after the teaching and learning process. Examples of val es incl de; cooperation sharing, appreciation endurance, patience, responsibilit, care respect tr t orthiness, lo , togetherness, honest , joy, concern, pri cy, independence and self-reliance. It is important to note that yo need to obser e the learners to see whether the are practicing what they learn.



Life skills are the ii lities for adaptive and o sitive behavior the le le rners to deal effectively ithe the emands and chillenges of everyday life. Life sills are er sonal and social skills then le yong eole to finction confiently and cometently it hothers. This critical ume hasises the evelopment of life skills and values across the the es/toics. This will help in eveloing mor land ethical vales. Life sills and values will help le rners to

- i make informed e cisions.
- ii practise hett hy behii o rs.
- iii oi drisy situations.
- iv ch nge attite s.
- v be ome good citinn s.
- vi) be active and constr ctive in life
- vii solve rob le s enco ntered in i fferent sit ii ons.
- viii cope with stress and control their e otions
- ix) commni cate effectively

Life skill indicators are the observable il titles shon in lenn er

Methodology is an e e utable ro cess or ro e ure it h a se cific t sk that someone can use to deliver content accoring to the work plan.

Technique is the final skilf le ect ion of a given oi nt hi ch can be used to get a rou ctive otc ome.

Strategy is a mental mo el in o r ner stn ding and an en in mind th t en les us to deliver lessons syste ii cally in cls s.

Approach is ss et of or combination of different methos .

Instructional strategies are the te hniques the te her uses to hel le rners be ome ineen en t and focs e.

Instructional material is any reso rce the teacher s es to teach lener s.

Tools are ite s or iml e ents s ed for a spe ific purpose, to erfor m i fferent ts ks.

Special educational need is an educational rov ision es igned to res s the nee s of le rners it h bri ers to le rning. **Special needs education** is a progrm that addresses bri ers to learning

Special education is an educational provision for learners with sec ial eu cii onal nee s.

Inclusive education is a ter which wholesomely rov ie s for ot imum participation of all learners. Incl sion does sgg est all other e posres.

AEP Level 2 Timetable

DAY	8.30-	9.10-	9.50-	10.30-	11.00-	11.40-	12.20-	1.00-	2.10-	2.50-	3.30-
	9.10	9.50	10.30	11.00	11.40	12.20	1.00	2.00	2.50	3.30	4.30
MON	ENG	MATH	SST		SCI	RE	MATHS		ENG	SCI	
TUE	MATH	ENG	ENG	BREAK	SST	SCI	RE	LUNCH	MATHS	CAPE ₁	
WED	MATH	SST	ENG		MATH	SCI	ENG		SCI	RE	
THU	SST	MATH	CAPE ₂		MATH	ENG	ENG		SCIE	SCIE	
FRI	ENG	ENG	MATH		MATH	SST	SST		CAPE ₃		

ANALYSIS

gg lish	10
the matics	10
Scien e	7
So ial Std ies	6
li gio s Educii on	3
CAPE 1	I
CAPE 2	1
CAPE3	2

TOTAL 40 PERIODS



Creative Arts and Physical Education (CAPE)

Background

The government of Uganda is making effort to tr sform the eu cation system from rou cing job seeers to job cre ors. This is reflected in one of the broad aims of e ucii on en orsed by the Government White Paper of 1992, which purposes "... to eradicate illiteracy and to equip the individual ith basic skills and knoleg e to e loi t the environment for self-ev elopment as well as nii onal ev elopment, for better heth ntri tion and family life, and capability for continued learning."

This aim will always be reflected in the improved heth thro gh ro er ntri tion lifestyles and f mily life

The White Paper frth er en orsed the Aims and Obje tives of Primyy Educii on where one of the themes is to ev elop a vii ety of basic r actical sil ls for en ling ini viduals to make a living in a ml ti-si lled mnn er These are being ro oted through sil l – based sbj ects (CAPEs) at ri yy level

Creative rr for ing Arts lessons promote the cl tural and sir ita l values and life skills. Therefore time sho ld be given for the te hing and le rning of the subject to develop the learners' skills and talents.

Importance of Creative Performing Arts and Physical Education (CAPE)

In the conte t of refge es and le rners with spe ial e ucii on l nee s, CAPE is therp e tich ereby le rners e re ss their iea s, feelings and are able to relieve themselves of stressfl emotions th s living in h rmony ith e ch other. On other h nd, they can be integr ted rr ing the te ching and learning of other sbj e ts.

The CAPE syllu s il l en le le rners to re ognise that all the comon ents are a mes of gainf l eml oye nt, physical fitness and good

health. By using the knoledge and skills acquired, the learners will be able to impact on the community in hich they live and also improve their social and emotional ell-being. All CAPE activities are necessary for aesthetic (beauty) sensitivity, encouraging teamork among learners, developing character, emotional release and social adjustments. They are also important in helping the learners reach their full potential.

General Learning Outcomes

The learner should be able to:

- i demonstrate skills of identifying and promoting economic activities in the society.
- ii appreciate beauty; create artefacts and e press oneself through art, feelings and independence.
- iii take nutritional care of oneself and other people.
- iv identify and plan ay s of earning and using money.
- v share ith and take care of other people's feelings, interests, abilities and contributions in group activities.
- vi) demonstrate a sense of leadership and teamwork in a variety of situations.
- vii) Identify dangers in the environment and take appropriate precautions.
- viii develop motor skills.

Methodology for CAPEs

This syllabus suggests a range of methods, approaches and techniques of teaching and learning CAPE. The methods a teacher chooses to use should be those h ich contribute toard s the development of competences, learning outcomes and eventually leading to the achievement of aims and objectives of the primary school education. Such methods therefore should cater for the practical nature of the CAPE components. This curriculum targets multi-grade learners and therefore, the teacher should employ the use of such approaches like group ork , tutoring, peer learning, remedial approach, repetition, and follow up, self-study, task analysis, individualised learning approach and use of visual and audio devices (video clips, slides, film strips and records), drama, debate and fieldtrips.



A summary of Methods and Techniques in CAPE

Method	Techniques				
Discussion	bri nstor ing, question and sr,,				
	resource person, stor telling,				
	oe r ation, illustr ion, inter iew and				
	fielv isits				
Projection/multi-media	Aii o-visual, video re ording, slides, film				
method	strips, and audio- recor ing				
Dramatization	role pl , con ersii ons, dioo gue or				
	monologue, simulii on				
Exhibition	display, interest corner centre, pictr e				
	esss, demonstri on, use of gro nd and				
	ll l maps and real oj e ts				
Representation/presentation	ingg , painting, sculpt re, moll ing,				
	use of diagr ms, ch rts, photogrp hs,				
	posters, pr ctice role play tactile ,singing,				
	rote, individualised eu cation				
	progrm me, explanation, stor telling,				
	displ,, gle r walk, repetition,				
	integri on of content areas				
Group method	gro ping, reporting, br instorming, peer				
	te hing/learning/collabori on				
Problem solving	sorting, competitions, initiii ons, note				
	mii ng, puzzles, task analysis quizzes				
	and re edial tass				
Inquiry or discovery	Pro e t assignment, rese r h, fielv isits,				
	e cursion, questions, resource persons,				
	oe r ations, recor ing, guided				
	discory , e plori on and inter ie s				

Special Education Needs and Inclusion

Te chers are re uire to instr ct a rn ge of le rners who le rn at different pc es and h ve different ili ties. They nee to be flexible and adapt the crr iculum to ensure th t all le rners in their lessons are incl ded. The Ministr of Educii on and Sports advocee s for the pro ision of inclusi e educii on. This emph sises the right of all learners to be tght irrespe tive of abilit , so io-e ono ic status or gen er A ey factor in le rners le rning at different pc es is brr iers that ch llenge their pti ipt ion Such bri ers are also referre to as le rning nee / special educii onal nee s.

Teaching/Learning Aids (Instructional Materials - IMs) for CAPEs

The tec her is e pe ted to use a variet of instructional mer ials to tec h the content. Above l, the te her is en o rg e to use the srou nding en ironment as cre ivel as possible These meri als can f rther be el bore d as follo s:

- i **Reference books**: These may incl de the sylli , tec her's gui es, pupil's textbooks and vario s te t ooks of the subje t components s ch as the 'Kidnapper' play script
- ii **Scholastic materials**: These may incl de music manuscript per s, ch rts, pencils, merr s, pins, te s/CDs and Braille mee rials, pi t res and moll s of music instr ments
- iii **Local materials**: These can be colle ted locally from the en ironment and incl de ch rco,, ash papyrus banana fibre, florr s, leaves, soils among others
- iv) **Artificial materials**: These can be purch sefro m shops.
- v) **Equipment and tools**: These may be made local y or purch se fro shops:

a) Suggested IMs for CAPE 1(Music, Dance and Drama)

Aii o- visual devices(video clips of African fol nn ces); African music instr ments(percussion, string, idiophone instruments which incl de drums, rtl es, sh kers, ankle bells, whistles, clper s, horns, fl tes, calabashes, spo es, xylophones, th mb pi no, l re and bow h rps ; Aii o



de ices (tapes/CDs), ropes e.g. rai a skirts costumes, models of ar m tools and imple ents

b) Suggested IMs for CAPE 2 (Physical Education)

Take-o f boards, high jump uprights, crossbars or rubber strips, hih jump r id, soft landin area/sand pit simple thro ing ob ects like small balls, bean ba s, sticks/jaeli n, hurdles, clappers, batons, balls, fields, whistles, goal posts and fla s, pes , cones, nets, courts, poles, ga e pictures, sports field illustrations

c) Suggested IMs for CAPE 3(Art and Technology)

Shapes, locally aail able materials (cloth of cuts, leaves, ash, charcoal soils, lo wers or making colour, sisal, sticks local sponges or making painting brushes, hard box paper; diferent dyes, brushes, pellets, water u el different types of paper pencils, scissors, cutters, e pty plastic bottles, colour h eel, pieces of plain clothes, glue; dieerent types of oo d cooking ingredients, pictures of snacks and dieerent dishes, instructional cards, utensils, cutlery, ladles, price ta s, polythene paper for packa ing, match boxes, baking poder baking ingredients, siees, charcoal sto e home ade oen containers; charcoal or electric iron, dyed abric, bark cloth, tailoring tools (needles, hooks, thread, tape measurer ulersstrings

Assessment for Pupil's Learning

Assess ent for learning is a very important aspect of education Educators a ree that all aspects of school education assessment hae the greatest impact on learners. The primary purpose of assessment at this stale must be diagnostic and remedial (identifying learner's individual problems for help. If a child is failing to delelop a particular competence, the teacher should provide remedial ork so that the child can catch up. If another child is achiein at a high level all time, then the teacher should ind more challen ing work for that child

In principle continuous assessment of learnin in CAPE is recommended and should be in terms of the stated learning outcomes and competences sug ested in each topic. The teacher should assess the learner during the nor al lessons as they carry out their daily tasks.

Assessment can be conducted trough the folloing: by testeace robserving learners at tasklistening to themtracing performance and learners demonstrating testeacher development of the competences. Testeacher so uld regularly record testeacher active evenents. Testeacher so uld regularly record testeacher decording to the teacher so uld use cesteacher decording to the teacher so uld use cesteacher decording to the teacher so uld use cesteacher decording to the teacher d

Learner's performance record should be put on the progress chart and displayed er e it easily is seen. In addition to teace r should display learners' or with appropriate positive comments and provide regular reports to the learner and parent.

Like in Level 1, assessment guidelines are provided to guide t e teace r to systematically carry out manage and keep records for each individual learner's progress, class progress and end of term performance. The follo ing categories of learning outcomes must be assessed for t e measurement of learners' achievement:

i n oledg eii understanding,iii practical sil lsiv attitudes/values

Furte rmore, assessment should be aural, practical and t eoretical The teacher so uld e ep record of t e results of individual learners that may be used for future decision mai ng.

Organisation of the Syllabus

Te syllabus encourages te integration of activities across t e curriculum. Te time allocated for CAPE in ti s syllabus is four periods a week ii ch a ve been subdivided as follo s:

CAPE 1 (u sic nn ce and am a) is allocated one period of 40 minutes each week.

CAPE 2 (ys ical uu cation is allocated one period of 40 minutes each week.



CAPE 3 (Art and Technology) is allocated to periods ouble of 40 minutes each week. Included is some content for tto repreneur rfor mance Skills (IPS)

Content u tline

CAP	No of wee s per term	TERM ONE	TERM TWO	TERM THREE
ONE	12	 Sn g ng Anthems Afrc an Tradt onal Folk nn g ng Afrc an tradt onal musc n struments Afrc an Tradt onal Dance Western Choral 	 nn g ng Anthems nn g ng a Western song Playing Afrc an Tradt onal musc n struments Creatv e dance Drama 	- nn g ng anthems - Dance - str umental - Dance - Drama
TWO	12	- Athletc s - Gna stc s	- Football - Netball	- ll leaa ll - Handball
THREE	12	Drawing and pan t ng pc turesDrawing and Pan t ng Landscapes	- Food Preparato n: preparing snacs and specaldsh es	- Teand de - Maingan Apron

SECTION A

CAPE 1: MUSIC, DANCE AND DRAMA

TERM 1

Aspect: Singing

Topi 1: Antem s

Duration 3 Per ods

Overe

This topic introduces the learners to singing the Uganda National Anthem. This anthem s important because t s a key symbol of patr otism, un t , ident t and preser ation of heritage.

Learning Outo me

The learner should be able to understand and del op a sense of belonging.

Suett	Language	Content	Suggeste	Life Sill s an
Competen es	Competen es		aa ching	Values
			Learning	
			At ii ties	
The learner:	The learner:	Anthems	• ss cussn g the	Creatie
• dsc usses	pronounces/	The	mp ortance of	Thin ing
the	sgn s,	stan as of	anthems	• nn oa tv eness
mp ortance	reads bral les/	Uganda's	• ee ntf ying	• Fn dn g new
of the	wrt es words	tt ional	the three	ways of don g
naton al	related to the	anthem	stanzas of	thn gs
anthem.	naton al		Uganda's	
• s ngs/signs	anthem which		tt ional	fet ive
the naton al	n clude:		anthem	Communi ation:
anthem	- anthem		• Lste ning to	 Fluency
correctly.	- naton al		the anthem	Artc ulaton
• wrt es/bral	- aa nda		sn gn g sgn i	
les the			ng for pt ch,	Values

1



Suett Competen es	Language Competen es	Content	Suggeste aa ching Learning At ii ties	Life Sill s an Values
anthem.	- identity - unity - uphold - thee - neighbour - pa l - crown - dea nn d - fertile soils - fred om		rhythm, breathing, voice and dc tion. • nn g ng snn ing the anthem • Writing/braill ing the anthem	PatriotismResnn sibilityCareAcceptance

gg ested Competenes for Assessment

The learner:

- i) sings the three snn zas of the nai aa an them correctly.
- ii) d scusss the man ng of the anthem.
- iii) ss ponds appropria ely to the anthem.

Hints for the Teaee r

- i) Guide learners in d scussions that will enable them understand the importance of the nai aa an them.
- ii) You ndd to guide learners to idnt ify d ffernt the d ffenn t snn zas of the an hems.
- iii) Guide learners to lisnn properly as you model the singing/signing of the Na ional anthem tgg et the proper pronuncia ion of words and rhythm (Have the anthem on chat s, display them and sing on snn za at a time during each lesson).
- iv) You should encouge e learners to write/braille down the anthem in their exercise boss /slates.
- v) Encourage learners to practice singing/signing the an hem whenever opportunities are ava lable.

vi) For these lessons, it is important that you prepare a chart for a ch snn za neatly written.

ASPECT: SINGING

Topi 2: African Trai tional Folk Singing

Duration: 3 Periods

Rationale

Every tribe in Uganda has a very rich inherinn ce of folk music. In add tion to being a store of culture, African adi tional singing contributes a great deal towad s popular and jaz music and it will be the ma or focus. It is a md ium of communicai on and provids sa isfa tion for self-expression and feeling good. African folk singing will further na le the lean er to appreciate the African cultural herigg e. There are man ca g oris of African folk sgg s and this topic introduces the aarner to the most common ca g oris which include hunting sgg s, fishing sgg s, hav s ting sgg s, patriotic sgg s, songs on peace and lullabies. The African ad itional music instrumnt s will offer the accommn imnt

Learning Outo me

The learner should be able to appreciae , create and dm $\,$ onstrate a sn $\,$ se of bau $\,$ ty and vau es own and other people's cultural heritage through African folk sgg $\,$.

Subjet Competene	Language	Content	Suggeste	Life skills and
	Competenes		Tea hing/	Values
			Learning	
			At ivities	
The learner:	The learner	The Folk song	Using the title	Effective
 recognises the 	pnn ounces/	Solo form	and mood of	Communication:
theme of the song.	s gns reads	 Solo and chorus 	the song to	 Fluency
 identifies 	writes/brailles	• Chorus	suggest	 Articulation
characteristics of	words	Categories of	appropriate	• Clarity
the song.	correctly	African Folk ng:	theme of the	
 describes the 	Solo, chorus,	Hunng fishing	s ng	Creative
functions when the	African	harvesting peace,	 Listen ng to 	Thinking
song is performed.	traditional,	patriotic, anh ems,	the song	• Innovative-
• identifies the orign	Folk, tribe,	African traditional	aa instorming	ness



o , costumes and	lanu ae ,	lullabies	the	
props for the song.	props, costume,	Character stcs	characterst ics	Self-A areness
• sn s /snn s a fol	song, o cal,	• Tre and	of the song	• Talkn g aou t
song wt h	tep o, st le,	lanu ae o	• Descrn g the	one's culture
appropra te	class, o od,	or nn	functo ns	Friendship
expresso ns co m	lullaby, for	 Costumes and 	when the	Formation
un cates wt h	volue ,	props Afrca n	sons are	Workn g n
appropra te mood,	n struments,	Tradton al	per or ed	rou ps
te po and volume.		n struments:	• Ident yin the	• Usn g polt e
 acco pan es the 		Their local and	or nn of the	lanu ae
song wt h		Englsh names	song.	
appropra te body		0	Namn g and	Values
moem ents.			selectn g /	• pr eciation
d ent ies the			impro ising	Respect self
Afrca n Tradton al			appropra te	Rela nce
acco pan ments			costumes and	• Toe therness
ucco pan mento			props.	
wrt es/ rall es the			• Singing/signin	• Empath
song correctly Writes			g the song n	Syp ath
the song			Afrea n o cal	
the song			stee and wt h	
			appropra te	
			od y	
			mo ements.	
			Namn g and	
			acco pan n g	
			the song wt h	
			n struments	
			Pronouncn	
			snn n g,	
			read ng and	
			wrt n g /	
			rall ng the	
			words related	
			to the song	
			Writn raa ll n g	
	i .	I	41	1

the song

gg este Competenes for Assessment

The lenn er

- i) sn gs sg ns in solo.
- ii) sings/signs in chorusnn ison
- iii) acco panies the ll k song with appror iate moe ment, er cussion and mood.

Hints for the Teacher

- i) Let learners listen tob ser etten d and stu⁹ t e African tri t onal folk son following these parameters: title acco panimentrep et tive, langu ge, form, occasion, mood, volume and te o .
- ii) Guide lener s to follow the rhythm of the son acco panying it with simple er cussion instruments and o vement.
- iii) Invite a resource person where possible to help with the proe r moe ment.
- iv) Engage therapeut c aspects (pro ide oort un t for le rners to e res s themsels eel y ese ciall in situ ions where some lenn ers have exer ienced trm a and the like).
- v) You may need some costumes and ro s to attach men ingful interret ion of he son s.



ASPECT: INSTRUMENTAL WORK

Topi 3: Afria n aa ditional us ic Instruments

Durt ion 3 Per os

Overe w

ss trumental work is oo ther aspect of Cret ive Per $\, r \,$ ing Arts and $\, tr \,$ e are various ways of using instruments in music e $\, rrm \,$ ce $\, .$ ss truments are used to accompany son $\, s \,$ and dances or ro duce $\, t \,$ e $\, r \,$ m of music in an orchestra. In $\, t \,$ e $\,$ African culture, $\, r \,$ ums $\,$ ee $\,$ ss $\,$ o $\,$ used for commun cation $\,$ In $\,$ ti $\,$ s to $\,$ c $\,$ the $\,$ e $\,$ le $\,$ rners are introu $\,$ ced to some of $\,$ the $\,$ common African music instruments with se $\,$ cific reren $\,$ ce to percussion $\,$ Learners should be helled to $\,$ le $\,$ rn $\,$ the $\,$ local and $\,$ English $\,$ names of the instruments beobe $\,$ retaching how to play them.

Learning Outo me

The lenn er should be able to uners tn d and appreciate African heritg e tou gtra ditional music instruments of t e er cussion cl ss.

Suett	Language	Content	Suggeste	Life Sill s an
Competen es	Competen es		aa ching	Values
			Learning	
			At ii ties	
The learner:	The learner:	• tt rouc to	• Listing	tt erpersonal
• nae s varus	r onounces/si	n to African	African	relations ip:
instrue nts	gns, reads and	us ical	traditional	• tt eractn g
known	writes/braille	instrue nts	us ic	freely with
• lts caterr ies of	s te	 Categories 	instrue nts	ot rs.
African	cc abulary:	of African	te y kno	
tradit onal us ic	accop anee	tr dito nal	• Listing	Self-esteem:
instrue nts	nt, origin,	us ic	caterr ies of	• Self-
	e uipment,	instrue nts	us ic	appreciatn
• nae se rcussnn	us ic,	 Meaning o 	instrue nts	• Self-
instrue nts bot	instrue nt,	'Percussnn	witth e	ee ntf icato n

Subject Competences	Language Competences	Content	Suggested Teaching/ Learning	Life Skills and Values
			Activities	
in local In guage and English ee ntf ies ee re given us ic instrue nts originate fro. e scribes te materials used in making t e instrue nts. Nae s te coo n African traditional us ic instrue nts of te e rcussnn cls s. plays a e rcussion instrue nt of own choice. tunes te instrue nts apro pr ately r aws/ brailles tuu res o so e African us ic instrue nts. sings a kno n son accop anying it with a learnt instrue nt	e rcussion, African, traditional, social, nn cto n, dance	instrument' • Percussion str u ents te ir local and English names: r us , ll onn e, calabash: Origin of instruments • Materials used to make given instrue nts .	guidance of te teacher Naming e rcussion instrue nts in local language and English. ee ntf ying te origin of given e rcussion instrue nt Describin te materials used to make given instrue nts. Playing a e rcussion instrue nt of own choice. nn ing t e us ical e rcussion instrue nt Dr win /Br i lling tuu res of African traditional us ic instrue nts.	Self- awareness Talking about oneself Friendship formation: Sharing Playing with ot rs Wor ing in grous Values Appreciatn Respect self Reliance Togete rness Empaty Sympaty



Suggested Competences for Assessment

The lene:

- i) plays a percussion instument of own choice
- ii) comete s the de cription table of a given instrument(s) as follows:

Local language name	
English name	
Orinn of te instrument	
Sound produced(pitch)	
Materials used to m ket einst ument	

Hints for the Teacher

- i) Make a collectn of various percussion inst ument where possible and have pictures of t e variety of t e inst ument .
- ii) Let learners m ke or create own percussnn instrument from locally available m terials
- iii) Engage resource persons to teach learners playing and tuning given inst ument
- iv) Provide opport nity for t e learners to play percussnn inst ument of t eir own choice in te ir free tm e.
- v) Endeavour to pair or group learners with exceptional abilities in inst ument 1 play with others as a way of exposing and inspiring te ir peers to acquire and develop skills of playing t e inst ument
- vi) Guide learners in te correct positioning of t e percussnn inst ument while playing
- vii) Let learners collect a variet of African ms ic instruments ee re possible. Encourage learners t t bulate inform to n related t t e available

ASPECT: DANCE

Topic 4: Traditional Folk Dance

Dutt ion: 3 Pei ods

Overview

Dance is about a sei es of mee mentsnnd ste snnd is a bodily inter et ion of music. Traditional folk nn ce isnn other rich st ck of African heritg e†Thesed ances haveb een passed on from genet ion to genet n. It is therefea a duty of the te chet o pmm ote them among the learne s. In ti s topictthe learner will be introduced to African folk nn ce using both practical and theott ical approaches. Different peopleg roups in Uganda have diffent dance nnd some dances have funct ons to which they are attached. Such funct ons may bew ar, cott ship, funeral or marriage

Learning Outcomes

The lene should be able to:

- i) Understn d and apee ciateA frican heritg e through traditional folk
- ii) Appreciee and demonst ate knowledgen d skills of different folk nn ces.
- iii) perform the traditional dance.

Subject	Language	Content	Suggested Teaching/	Life Skills and
Competences	Competences		Learning Activities	Values
The le rne:	The le rne:	African folk	Brainstr mn g and	Self-esteem:
 ee ntf ies folk 	pronounce/sig	dances (local	listing various	• Se f-
dances	ns, reads and	names),	kn wn dan es.	appreciatn
he she	writes/brailles:		 ee ntf ying and 	
kn ws	costume,	Orinn of te	t lking abtt te	Effective
• ee ntf ies a	props, folk	dances	origin of given	communication
given	dance tribe	Functions of	dances with	:
t aditional	waist, chest	dances:	teacher's guidance.	 Confidence
folk dance.	origin,	Marriage,	Brainstr mn g and	



• identi ies and discusses the rigin of gi en folk dances. • explains c casin s ee n gi en dances are e rrr med. • describes the cstu mes and r ss rr a gi n folk dance. • identi ies se cii c a rts of the bd³ that eha sise the gi n Ar ican folk dance • e rrr ms the Ar ican folk dance e e rrr ms the Ar ican folk dance • errr ms the Ar ican folk dance has sises the waist movement and staii ng. • describes the cstu mes and techniques that eha sises the waist movement and staii ng. • describes the cstu mes and techniques that eha sise the gi n dance. • identi ies sand techniques that eha sise the gi n dance. • errr ms the Ar ican folk dance te e s, stl es and techniques that eha sises the waist movement and staii ng. • describes the cstu mes and techniques that eha sise the chair on the dance that emba sise waist and staii ng the accompanng instruments of the gi n dance. • Perrr ng an Ar ican folk dance that emba sises waist movement or staii ng. • Writing brai ling cc abin s rr gie n African folk dances of the circuit isin the dances introduce describes the cstu mes and relationships: • Nann g and describing /signing cstu mes and presso of the gi en dance. • Talking signing cstu mes and presso of the dances introduce described in the dances introduce described the dances introduce described the accompanng instruments, accompanng instruments of the gi n dance. • Brainstr nn g and nance. • Brainstr nn g and nann g the accompanie nts • Perrr nn g an Ar ican folk dance that emh asises waist movement or staii ng • Writing brai ling cc abu arrr elated to dances
discusses the rigin of gi en folk dances. • explains c casin s ee n gi en dances are e rrr med. • describes the cstu mes and r ss rr a gi n folk dance. • identi ies se cii c a rts of the bd³ that eha sise the gi n Ar ican folk dance • e rrr ms the Ar ican folk dance • e rrr ms the Ar ican folk dance • e rrr ms the Ar ican folk dance • e rrr ms the Ar ican folk dance • e rrr ms the Ar ican folk dance • e rrr ms the Ar ican folk dance • e rrr ms the Ar ican folk dance • e rrr ms the Ar ican folk dance • e rrr ms the Ar ican folk dance • e rrr ms the Ar ican folk dance • e rrr ms the Ar ican folk dance • e rrr ms the Ar ican folk dance • e rrr ms the Ar ican folk dance • e rrr ms the Ar ican folk dance • e rrr ms the Ar ican folk dance • e rrr ms the Ar ican folk dance • e rrr ms the Ar ican folk dance • the gi n dance. • Brainstr nn g and nann g the accompanie nts • Perrr nn g an Ar ican folk dance that emh asises waist movement or staii ng • Writing brai ling cc abu arrr elated to dances
r ss rr a gi n folk dance.

Suggested Competences for Assessment

The learner

- i anase s a arti cular dance using the table given in the teacher guidance.
- ii per rms a given dance which emha sises the waist and sta ping.
- iii na es the Props, Cs tu es and u nction of the dance.

Hints for the Teacher

- i Let arn ers se r e recorded traditina l dance perrm ances and guide the to stud the dances using the following criteria: Tit e, dancea ccoman iment, origin, occasion, cs tu es and rs.
- ii Encourage learners to find u t mre dances fr m the communit ii ch emha sise the waist movement and stamping. Ask them to err m the dance be ore the class. Yu may need to invite a resource person to demonstrate the dance.
- iii Provide learners with short and simple nteos on the specific Arican folk dancehi ghighting title of the dance, rigin, costues and rswemphasised movement and artos of the body focussed on in this tiic and occasion it is per rmed.
- iv) Encourage learners to write braille vc aury re ated to dances and ntes yu have prv ided in the exercise books or on braille ste s.
- v) Learners ma dra / braille a/ the dance s) and name or md el using locally aa ilable materia s such as clay, si l.



ASPECT: SINGING

TOPIC 5: Western raa l sng

Duratin: 1 Perid

Overview

Singing continually plays an important part in one's life. It encourages the aa rners to exres s their emt ions and sharen s their ai it to communicate while exercising their lip and tng ue movement. This topic u rther sup rts the nti on that singing facilitates language deveo pment thru gh the per rm ance of beat and rh hm in music, me ry as well as de eo pment of vocau ary. It will help the learners articu ate the te t of a sng in gg lish language.

Learning Outcomes

The learner sh u d be al e to:

- appreciate music in globacu ur es and develops abilit for creative e res sion and communication thru gh singing in English ng uage.
- ii display se f-discipline, ethical va uesii ntegrit , tolerance and skills of performance.

Subject	Language	Content	Suggested	Life Skills and
Competence	Competen		Teaching/	Values
S	ces		Learning	
			Activities	
The learner	The	gg lish	• Listening to a	Effective
listens to	aa rner	Chr al	Chr as ng	communicatio
the teacher	prn u nce	sng	• Brainstrm in	n
mde ii ng	s signs		g the theme	• Fluenc
the sng .	reads and		of the sng	 Audibilit
• recg nises	writes/bra		th	• Cni dence
the theme	iees wrd s		teacher's	• Articuti n

Subject	Language	Content	Suggested	Life Skills and
Competence	Competen		Teaching/	Values
S	ces		Learning	
			Activities	
of the song.	related to		guian ce	taing turns
• sings signs	the Choral		 Singing 	Interpersonal
a choral	song		signing the	relationships
song with			Choral song	 Interacting
appropriate			ith	freely with
e pressions			appropriate	others
• ien tifies			e pressions	• Listening/obs
characteris-			an boy	er ing others
tics of the			moe ment	
song.			 Describing 	Values
• accompanie			characteristic	• ss pect
s the song			s of the song	• Loe
with			ith	• Care
appropriate			teacher's	• tie nce
boy			guian ce	• Co-operation
moe ment.			 Accompanyin 	
• sings with			g the song	
appropriate			ith	
mood,			appropriate	
tempo and			boy	
volume.			moe ments	
• writes/brail				
les the				
learned				
song.				

Suggested Competences for Assessment

The learner

- i responds appropriately to the Choral song
- ii sings the song correctly
- iii accompanies a song with appropriate boy moem ent.
- iv) accompanies a song with appropriate simple percussion.



- v) narrates a traitional legend.
- vi) tas part in a ra a preset at on.

Hints for the Teacher

- i) Guide learr s in discussions that will enable the ers tad the importance of English songs.
- ii) Guide learr $\,$ s to liste $\,$ properly as you methh $\,$ e singing of the English choral song to get the proper articulation of wors $\,$ and $\,$ rh $\,$ h $\,$.
- iii) For this lesson, it is immer to a that you preme a neat writte chart for the song. Display it and encourage as mere to write raille the song in their elercise boss / stells.
- iv) Encoura e learners to pract se singing the song whenever opportunit es are aa ilable.

TERM 2

ASPECT: SINGING

Topic 1: Anthems

Duration: 2 Periss

Overview

This topic intr uces the learners tss inging the schol's at he in addition to the National Anthe. Lear ers need to be taught these anthe s so that they continually recognise their imrtae as key symbols of patriotism, unit, idet it and es er ation of cultures and ev ironment

Learning Outcome

The learner sh uld be able to err stad and eve op a se se of belonging.

Subject Competenc	Language Competences	Content	Suggested Teaching/	Life Skills and Values
es	competences		Learning	and variety
			Activities	
The learner:	The learner	Anthems	Singing the	Creative
• sins the	pronounces/	Uganda's	National	Thinking:
schools	signs,	tt ional	schools	• Innaa tv en
anthems	reas/ brailles/	anthem	anthem	ess
correct y.	writes the ke	• hh ools	 ss cussing the 	 Finding
 recognis 	words	anthem	meaning of	new ways
es the	correct y:		dife rent	of doing
theme of	- anthem		stanzas	th s
the	- national		 ss cussing the 	Effective
anthem.	- aa na		importance of	Communicati
• ee ntf ies	- matching		the anthem	on:
the	- ee ntity		• Lte ning to	• Fluec y
dife rent	- unity		the anthem	Artc ulation
stanzas.	- solaa rity		s ng for tt ch,	
	- te therness		rh thm,	Values
	- education			

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Subject	Language	Content	Suggested Teaching/	Life Skills and Values
Competenc es	Competences		Teaching/ Learning	and values
CS			Activities	
	- pillars		breathing,	Patriotism
	- overcome		voice and	• Resnn sibil
	- enlightenme		dc tion	ity
	n		• nn g ng signin	• Care
	- creepers		g the anthems	Acceptance
	- thorns		Wrinng	
	- mountains		brailling the	
			anthem	

The learner:

- i) ss nn ds appropria ely to the anthems.
- ii) s ngs the anthems correctly.
- iii) givs the importance of the schools anthem.

- i) Guide learners in d scussions that will enable them enhance their dd erstanding of the importance of anthem.
- ii) Guide learners to lisnn properly as you model the singing of the National and Schools an hems (Have the anthem on chat s, d splay them and sing one at a time).
- iii) You should encouge e learners to have the anthems written/brailled in their exercise books/slates.
- iv) Encourage learners to practise singing the anthems whenever opportunities are aa ilable.
- v) For these lessons, it is important that you prepare a chart for ac ant hem neatly written. Display it as yoss ing the anthems.

ASPECT: SINGING

Topic 2: Ws tern Sgg s (Rounds

Duration: 2 Periods

Rationale

This topic continues to provide lean ers with more opportunity to dv elop their gg lish ng uage holistically through the performan e of ba $^4\,$ and rhythm in music, memory as well as nnn cemn t of dv elopmnt of the gg lish vocabulay while they articula e the text of a sgg in gg lish ng uage. Learners are introduced to rods $\,$. A round is a simple sgg Sang by more than one person in a repetitive form at d fferent points in the sgg $\,$.

Learning Outcome

The learner should be able to appreciate music in global cultures and dv elop ai lity for creative expression and communica ion through singing in English language.

Subject	Language	Content	Suggested	Life Skills
Compete	Competences		Teaching/	and Values
nces			Learning	
			Activities	
The	The learner:	• gg lish	• Listening to	Effective
aa rner:	Pronouncs /	Rounds	a Round	communica
listens	sg ns reads	 A folk tale 	• Bra nstormi	tion
to the	and writes/	• A legnd	ng the	• fluency
teacher	brailles	• Voice	theme of the	• a d bility
modelli	words	therapy/si	sgg with	• confidn ce
ng the	related to the	gn	teacher's	• articula io
sgg .	Round like	ng uage	guidance	n
• recogniz	sgg e, props,		• Sing ng	• taking
s the	parts, drama,		sign ng the	turns
theme	gg nd , cast,		Round in the	
of the	costume, folk		appropriate	Interperson

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Subject	Language	Content	Suggested	Life Skills
Compete	Competences		Teaching/	and Values
nces			Learning	
			Activities	
song	ta.		st le	al
• sn gs s			• es cr bing	relationshi
gns an			characterist	ps
English			cs of the	• terac ting
round			song with	ree y with
th			teacher's	he rs
ar rr			guian ce	• Ltt ening/
iate			• Acc mpanyi	se r ing
mood,			ng the song	he rs
te po			th	
ad			ar opriate	Values
volume			body	• ss pect
st le			mee met s	• Lee
• ien t fie			ad	• Care
S			rc ussion.	• Patience
characte				• Co-
ristics of				erat on
the				
song.				
accomp				
ae s				
the song				
th				
ar rr				
iate				
body				
mee me				
nt ad				
simple				
rc ussi				
on.				
wr tes/b				

Subject	Language	Content	Suggested	Life Skills
Compete	Competences		Teaching/	and Values
nces			Learning	
			Activities	
ra ees				
the				
aa r ed				
song.				

The learr

- i) ss ponds appropr ately tt he Round
- ii) Sings/signing the song correcty
- iii) Accompanies the song with apprrr iate body mee met and simple percussion.

- i) Guide learr s to liste properly as you methh e sn ging/signing of the English Round to get the proper pronce iat on of words and rh h
- ii) For this lesson, it is immer to a that you prer e a chart for the song neatly writte. Display it ad encourage as riers to write raille the song in their elercise boss / stells.
- iii) Encoura e learners to pract ce singing the song whenever opportunit es are aa ilable.



ASPECT: INSTRUMENTAL WORK

Topic 3: African Traditional Musc Instr mess

Duration: 3 Per ss

Rationale

In this topic the learn is ctt inue to gain more knowledge ao ut a var et of Ari can music instriments. During this term, learners will be intriduce to the idiophone class. Learners should be helped to aair the local ad English names of the instrimet's beoire teaching his with to play the . Idiophines Here, idiophines reeir to a class of Arican music instrimet is which include shar is, xylophee is srattles, lase a phones and bes .

Learning Outcome

The learner sh uld be a le to err sta d ad a ec iate Ar ican her ta e thr gh traditional music instremet s of idiophone c ass

Subject	Language	Content	Suggested	Life Skills and
Competences	Competence		Teaching/Lear	Values
	S		ning Activities	
The learner:	The learner	• tt roducto n	• Listing	Interpersonal
 names various 	pronounces/	to Ar ican	Ar ican	relationship:
instruments	signs, reads	ss ical	traditional	• tt eractn g
known.	and wr tes/	instruments	ss ic	r eely with
• re ie s	brailles the		instruments	he rs.
categories of	cc abulary:	 Categories 	they know	Self-esteem:
Ar ican	accompanim	• of Ar ican	 Listing 	• Se f-
traditional	ent origin,	traditional	categories of	appreciation
ss ic	e uipme t,	ss ic	ss ic	• Se f-
instruments	ss ic,	idiophone	instruments	ee ntf icato n
• ee ntf ies	instrument,	CSS S	with the	Self-
Ar ican ss ic	percussion,	 Meaning of 	guidance of	awareness
instruments of	Ar ican,	"Idiophone	the teacher	Talking abtt
the idiophone	traditional,	instruments'	 Naming 	onese f
class	idiophones,	• str uments	percussion	Friendship

Subject Competences	Language Competence s	Content	Suggested Teaching/Lear ning Activities	Life Skills and Values
 names instruments both in lo al lanua e and English. identi ies ee re given musi instruments orii nate r om describes the m teri ls or m king the instruments. plays an idiophone instrument of o n choi e. draws/ brai les piu res o some Ar i an musi instruments le rned. sins songs accompanied with an idiophone instrument of o n choi e. 	p rts, sh kers, xylophone, ratt e, bell, labella, thum pi no, so i l, un ction, dance	their lo al and English names: drums, xylophone, calabash: Idiophones: sh kers, xylophones, ratt es, lamella phones, thum pi no and bess. Orii n of instruments Materi ls used to m ke given instruments.	instruments in o cal lanua e and English. Identi ying the orii n of given idiophone Describin the m teri ls used to m ke given instruments. Playing an idiophone of own choi e. nn ing the musi al idiophones Dr win /Br i ling piu res o Ar i an traditional musi instruments.	formation: Sharing Playing with others Wor ing in roups Values Appreciation Respect se f Reliance Toe therness Emp th mpa th

The e nn er

- i plays an idiophone of own choice.
- ii compete s the description table of a given instrument(s) beo w:



Lo al lanua e name	
English name	
Oriin of the instrument	
un d produ edit h	
Materi ls used to m ke the instrument	

Hints for the Teacher

- i Make a coeection of vii ous idiophones where possible and h ve pi tures of the variet of the instruments.
- ii Let learners make or create own idiophone class r om locally available mer ials.
- iii Engage resour e persons to tec h learners playing given instruments.

ASPECT: DANCE

Topic 4: ee ative Dance

Duration: 3 Periods

Overview

Creative danceii ke trii tional dancesiis about a series of moe ments and steps dd a bodily interpreti on of music. This topic pro ides lenn ers opportunities to express their cret ive abilities of mom ent and bodily interpret ion of themes using music. The dut of the te cher is to promote learners' potential and their creative abilities through both practical and theoretical approaches. Diee rent groups of peope in Ugdd a have diee rent dn ces some of which h ve functions to which they are attached. Such u nctions may be war, courtshipuner all or mrr iage

Learning Outcomes

The lener shou d be able to:

- i understdd and pr eciate cre ive dances.
- ii pr e iate and demonstrate n oed e and skills of different cre ive dances.
- iii peror m a crei ve dance.

Subject	Language	Content	Suggested	Life Skills and
Competences	Competences		Teaching/	Values
,	P		Learning	
			Activities	
The learner:	The learner	Creative	Brainstori	Self-esteem:
• identi ies	• pronounces/s	dances	ng and	• Self-
the theme	igns, reads	tt roduction to	listing	appreciation
or the	and	creative	various	
known	writes/braille	dances	known	
creative	s creative,	-Meaning of	creative	
dances	theme	creative dance	dance	Effective
 discusses 	costue ,	• Coo n	themes.	communication:
the parts of	props dance,	creative	• ee nti ying	 conid ence
the bod	waistc hest	dances: -	and talking	
engaged in	origin, , stl e,	thea tic,	about	Interpersonal
creative	level,	free	dances with	relationships:
dances.	oo tork,	• Parts o the	teacher's	 interacting
• ell ains	accop anie	bod	guidance.	r eely with
occasions	nt,	engaged in	• Talking sign	others
ee n	instrue nts	peror in g	ing about	sharing
creative		creative	the bod	
dances can		dances.	parts engage	Values
be peror e d		• cc asions	in the	 Appreciation
describes		ee n	dances	 Patience
the		creative	introduced	 Endurance
costue s		dances are	• Nain gand	• Love
and props		peror e d	describing	 Respect
or creative		 Techniques, 	/signing	
dances.		costue s	costue s	
• Peror s		and props	and props	
the		• Accop ani	or the given	
creative		e nts	dances	
dance			• Peror in g	
levels, stl e			a creative	
and identi ies			dance	
			Brainstori	
accop ani			ng and	
e nts.			nain g the	



Subject	Language	Content	Suggested	Life Skills and
Competences	Competences		Teaching/ Learning	Values
			Activities	
			accompanim	
			e ts	
			• Writing/r ai	
			lling	
			cc abulary	
			related t	
			creative	
			da ces	

The learr

- i) anase s a rti cular dance using the table given in the guidae for teacher
- ii) per rms a given an ce wh ch exhibits ree vat creat ve st les.
- iii) na es the prp s, cost mes and function of the an ce.

- i) Let learners se r e recorded or creat ve dance performae s and guide the to study the dae s using the following cr ter a: title, an cea ccompanimet, origin, occasion, costumes and props
- ii) Encoura e learners to find out more creat ve dae s from the communit . Ask them to per rm the da ce be ore the class. You may need to invite a resocc e person tt ran learners in dieere t st ss of creat ve dae .
- iii) Encoura e learners to write Bra ee vocau lary re ated tcc reat ve an ces and nee s you have prv ided in the exercise books or on Bra ee ste s.

ASPECT: DRAMA

Topic 5: The Kidnapper

Duration: 2 Per ss

Orr vie

Drama is the composition, preset ation ad per ormac e of plays. This topic will support learners' developmet of confie ince, imalination ad interleation of simple sitti ons that can be acte. The lear er with sec ial learg nees should be guided to participate in all activities. The teachere socce person should emonstrate caarly, ad where necessary the learner should be allowed teett ouch (for the visually impaired).

Learning Outcome

The learr sh uld be able to:

- i) display se f-discipline, ethical va ues, inte rit terr ae and skills of performa ce which inclecre at vit , ima inationccomss ing, act ng a d evaluat on.
- ii) appreciate sef -e ee ssion and composit on thr $\,$ ugh dra $\,$ a.

Subject Competences	Language Competences	Content	Suggested Teaching/ Learning Activities	Life Skills and Values
The learr • narrates the story (leged). • ien t fies the key characters. • mae s cost mes ad props. • ien t fies	nsrea s and writes/ bra ees words related to the ra a like sta e, props, rts drama, leged ccast,	 A folk tale A leged Voee thera / sg n language The pla 'Kidnapper' Elements of 	 Narrating a common leged . Identifying the characters Making cost mes ad props Identifying ee met s of 	effective communication fluency a dibilit confien ce art culation taking turns Interpersonal relationships terac ting
props.	rts drama,	,	Identifying	relationships



Subject Competences	Language Competences	Content	Suggested Teaching/ Learning Activities	Life Skills and Values
dra a. • de onstrates some drama tecn iques.	ree e	volume, tonepac e, gestures) Dramatic tecn iques	 Using costumes and props to act the legend. Sta ing te pla 	 Listeningsee r vin ote rs Empathy Using appropriate lan uage Listenin to ote rs Supporting ote rs Values ss pect Love Care tie nce
				 Co-operation

Te learner

- i narrates a traditional legend
- ii taes part in a dra a presentation
- iii acts t e part assigned with demonstrated empat .
- iv articulates te lan uage expressions accuratel.
- v displays coni dence wi le staging te pla.

Hints for the Teacher

i ii de te learners to narrate a known legend. You may need to en a e a sign-lan ua e instructor to help learners wit hearing impairment if you do not now the sign language.

- ii Let learners dra atise any known legend.
- iii co ura e shy learners to activel take part and avoid dominance.
- iv Enga ing some therapeutic aspects (e.g. destructive teo $\,r\,$) is crucial.
- v For further practice to enhance learners' drama skills, you can encoura e them to create sit s wi ch can be presented during relevant different school pro ra mes.
- vi) A Drama Club can be established at school and encoura e learners to improvise props and costu es.



TERM 3

ASPECT: SINGING

TOPIC 1: Thematic Sons

Duration: 6 periods

Oer i e

Thematic son s are common music compositions based on various occurrences. Such include patriotic son s, son s on health issues, climate, relationships, praising heroes, environment and many others. In this topic, the learners il le plore such contemporary music hi ch is a medium of communication and pro ides satisfaction for self-e pression and feeling good. The African traditional music instruments il l offer the accompaniment

Learning Outcome

The learner should be able to appreciate, create and demonstrate a sense of beauty and value own and other people's music compositions.

Suj ect	Lan uage	Content	Sug ested	Life skills and
Competence	Competence		learning	values
			Activities	
The learner reco nizes the theme of the son . identifies characteristic s of the son . identifies composers of the music. identifies the origin of, costumes and	The learner Pronounces/ si ns, reads,rite s/ brailles words correctly hi ch include solo, chorus, lan uage, props,	 Thematic son Solo form Solo and chorus Chorus Cate ories of thematic son: en ironmen tal, health, climate, child abuse, 	 Using the title and mood of the son to sug est appropriate theme of the son Listenin to the son Brainstormin g the characteristic s of the son 	ff ective Communication Fluency Articulation clarity ea tive Thinkin nn oatie ness Self- Aaren ess
props for the	FF-,	peace and	• enti fying	• Talking

Sub ect Competence	Lan uage Competence	Content	Sug ested learning	Life skills and values
son . • sings si ns a son with appropriate e pressions. • sings with appropriate moodte mpo and volume. • accompanies the son with appropriate body movements. • identii es the Ari can Traditional accompanime nt. si ns writesbb railles the son correctly.	costume, son vvocal, temposstyle class, mood orm volume, instruments Other vocabulary related to the son	patriotism. Characterist ics of the son . composers Costumes and props.	Activities composers of the son . Naming and selecting / improvising appropriate costumes and props. Sini ng/sin i ng the song in vocal style and with appropriate body movements. Naming and accompanyin g the song with instruments. Pronouncing / si ning, reading and writing / brailling the words related to the son ii ting/brailli n the son	about one's culture • Friendship Formation • Wor ing in groups • Using polite lan uage Values • Appreciation • ss pect sel • li ance • To ethernes s • Empathy Sympathy



The leane

- i) sn gs sg ns in solo.
- ii) sings/signs in chou snn ison
- iii) a co pan s the themat c son wits imple instu ments, moe ment and mood.

- i) Let learnes listen tob servetten d an stu⁹ t e son folloi ng ts e paa mete s: tite , accoman iment, repet tive, language, form, o casion mood, vou me and te o.
- ii) Guide leane s to follow the rhythm of the son acco an ying it with pe cussion instuments and moe ment.
- iii) Invite a e source pe son where possible to help with the poe r moe ment.
- iv) Enga e therapeut c aspe ts (provide oot unt for aan es to e es s themsees eel y ese cia ly in situations where some aan e s have exer ien ed tau a and the like).
- v) You may need some costumes and props to attach meaningful inter etation ot he son s.

ASPECT: DANCE

Topic 2: Westen Dane s

Duration: 5 e rios

Rationale

This to ic into u es lean es to some Westen dances to give them ootun it es to exer ience dance movement from ot ra eas. The duty of the teacher is to promote other people's culture and appreciation of their ceat ive abilit es thou gh both practicaan d te oet ical approaches

Learning Outcomes

The leane shou d be able to:

- i) unes tan , appe ciate and em onstrate kno ledge and skills of diee en t Westen an ces.
- ii) perform a westen dan e

Subject Competences	Language Competence s	Content	Suggested Teaching/ Learning Activities	Life Skills and Values
The learne: • ee ntf ies t e known Western dane s. • discusses te a rts o t e bo9 engaged in western dane s. • explains o casnn s ee n western dances are e rformed. • e scribes te costumes and props for	The learne pronoun es/s nn s, reads an writes/braille s: creatv e, costume, pros a nce, waist, chest o igin, , stl e, level, oo t o k, Western ,Calss o, Twtv ,breakdane	Creative dances tt rouc t on to Western dane s Coo n Western dances known Calss o, break a nce, and twist Parts o te boy engaged in e rfornn g te	 Brainsto nn g and listing various known western dane s ee ntf ying and talking about weste n dances with teacher's guidance Brainsto nn g and explaining o casnn s for e rfornn g given western dane s Talking/snn ing about the boy a rts engage in t e a nces int ou ed Nann g and e scribing 	Self-esteem: Se f- appreciatn Effective communication Confidence Interpersonal relationships Interactn g freely with ot rs Sharing Values Appreciatn Pate nce Enua nce



Subject	Language	Content	Suggested	Life Skills and
Competences	Competence		Teaching/	Values
	S		Learning Activities	
western dances. • performs the western dance using lee ls, stl e • identifies the music that accompanies the dance.		dances. cc asions when creative dances are performed. costumes and props Accompan ying music	/sin ing costumes and props for the ie n dance • Performing the western dance • Brainstorming and naming the accompanying music • Writing/brailling oc abularrr elated to Western dances	• Loe • Respect

The learner

- i anale s a particular dance using the table given in the teacher guidance
- ii performs a given dance which exhibits relevant the western st le
- iii names the props, costumes and functions of the dance

- i Let learners ose r e recorded or dance performances and guide them to stud the dances using the following criteria: titleac companiment, origin, occasion costumes and props
- ii co ura e learners to find out more Western dances from the communit . Ask them to perform the dance before the class. You may need to invite a resource person to train learners in different st les of creative dance.
- iii co ura e learners to write braille vocaul ar related to the dances and notes you have pro ided in the exercise boos or on braille slates.

CAPE 2: PHYSICAL EDUCATION

TERM ONE

Topic: Athletics

Duration 06 Periods

Overview

Athletics is a set of ph sical e ercises and competitive sports involin jumpin throw ing and running. There is a wide range of sil ls involved that re uire ph sical e ercises as preparation for athletics een ts. With re ular athletics practice, one deelops—stren th and speed which contribute to good health and result in better performance in other competitions. The teacher should therefore prepare activities that will involve all learners in the class. cc h learner should be helped to acquire and de elop the basic sil ls pro ressivel

Learning Outcomes

The learner should be able to:

- i participate in a variet of jumpin thr owing and running e periences.
- ii obser e attends and apply simple rules and re ulations in a variet of play situations with others.



Subject Competences	Language Competences	Content	Suggested Teaching/ Learning Activities	Life Skills and Values
The learner: • performs simple u mps oe r obe cts. • executes a rious um ps li e hop a llop and steps • performs lon -jumps with correct take-off and landing. • ell ains the	The learner: Iistens to in s and responds to instructions. uses the unfamiliar words as applied in athletics. uses unfamiliar words correctly which include	 Long u mp (take off, landing, approach High jump rr owing and aiming at o jects, oa ls and tare ts. rr owing positions (linear path oe rhead throw, o er- 	 Jumping forward sideways, back ways and in space. Jumping and catching o e cts while in air (simple long ump simple hih um p Jumping from a stationery position Running three to fie steps and 	Leadership Controlling one's anger during and after play. Teamwork Guiding others in a group Working freely with others in a r oup Cooperating with mem ers of a group Non-violent
causes of poor um ping. clears the crossbar correctly at a ie n height using scissors techniques. throws and aims accuratelaa t o jects, oa ls and targets. throws for distances and from a rious throwing	crossbar, take-off scissors, stance, spring.	arm throw with blocking activity; stance; approach run-throuh) General running and safety (general safeti n athletics; simple run a mes; simple rela s	then um p Spring umps Jumping to clear a rying heih ts of o er crossbar Throwin and catching o e cts like balls indiidua lly; with a partner and in r oups rr owing o er arm; o erhead or two-handed throw rr owing objects a few metres	conflict resolution
positions. • throws correctlfo r		distance running not exceeding	from target and r adually increasing	

Subject Competences	Language Competences	Content	Suggested Teaching/ Learning Activities	Life Skills and Values
distance and target. • peror ms a variety of runs and sr ings of a ge n distance.		600m; sr inting sr ints o er dife rent distances 20m, 30m, 50m, 100m using standing start.	distance and height Sling throwing Chase run Object- pick relay Circular relays rr aight running at different distances Sri n ing from a sot	

The learner

- i) rss a disnn ce.
 - ii) sprints over a disnn ce of 100m.
 - iii) pero rms tee correct long jump trials in a safe pit.
 - iv) caa rs a crossbar using scissors style.
 - v) too ws corre tly at a targe.

- i) Yo may need to follow the time allocated be o:
 - nn erarn ing and sae ty (1 er o s), Simple relays (1 er os)
 - Distane rnn ing (1 er os), Sprinting (1 er io s), Long jump (1 er o s), High jump (1 er o)



TOPIC 2: EDUCATIONAL GYMNASTICS

Dura ion: 05 Per ds

Overview

Educa na l Gyast ics o r Level 2 is inten e to progress vey build on the bas c s ills develope a Level 1. Educa na l Gyast ics ena les learners a this level to impro e their s ills o rol ing, vaulting s ringing, ba ancing, s ace ar eness and pare r work. Gyast ics at ivities ena le aarners to ennee be ter bo y na gen t in a given s ace or situatnn.

The aa rners may prat ise or om pe e individually or in small gro ps with or without a paras Simple a paratus may be inoo duce but the teacher so uld prepare a e uate s ae safe e uipment and sae play envoonn orr the learner to practise and compe e

The at ivities re uire the teacher to aq rr e a ditna l om pe ene o r prat ical demonstration and guidance to aa rners on how to proee thro gh a var ty of bas c gyast ic skills.

Learning Outcome

The learner so uld be able to

- i) a ply bo y awareness an managen t skiss.
- ii) display personal on ene, r eativity, res ons ility and decision making s ills.

Subject	Language	Content	Suggested	Life Skills and
Competences	Competences		Teaching/	Values
			Learning	
			Activities	
The learner	The learner	• Lo omo io	 Walking 	Creative/Critical
em onstrates	listens	n and	• nn ing	thinking
skills of	to/signs and	travelling	• Lea ng	
locomo ion ra	reson ds to	• nn era	 Jumping 	• -roo r ing a
e ling rol s.	instruction	sae ty for	 Hopping 	ss k in more

uses these	gymnastics.	•	than one way.
unfamiliar		• ss ic rol s	• -Coming up with
words	 Rolling 	a tivities	new ways of
correctly as		(revision	eror ming a
applied in			ss k.
gymnastics		Rolling to	
which include		an from	Decision-making
gymnastics,		diee rent	
gym, roll,		os itions.	• ss on ding to
locomo ion		 Rolling at 	instructions
locomo ion		var o s	ar or ately.
		see s.	D 11
		 Rolling 	Problem-solving
		over, ao ng, aro nd an on o/off aara s	• -Finding ways of ar oaching difficult or challenging ss ks.
			Values
			• Courage • Care
			• Tr stwor hiness
			ss on sibility
			 Toe rane

The learner:

- i) eror ms see cted locomor srav elling ss ks with or without aara $\,$ s.
- ii) eror ms see cted ro ing ss ks orw ar s, ba kwards an siew as ros).
- iii) mae s differen boy shapes by twisting/rr ning the boy dieerently.
- iv) eror ms seu ene of combined gymnastics tasks.



- i) Safe e uipment and space are a prere uisite in gyast ss ssons
- ii) You are re rr ed to teach this topic in 5 perd s Each aa rn ng as et s ecified s o ld be taught o r a given perd o time as follows
 - Loo motion and travellingRollingPeriodsPeriods
- iii) You will have to use the o oowing e uipment and tools: mats, roe s hoos chars benches tabss, climbing ras, bo es ree vant textboo s coaches umpires and players

TERM 2

TOPIC: FOOTBALL

Duration 05 Perio s

Overview

This toic of ersooru nity for the learner to advane from simple games aarnt in Level 1 to eve om en of basic skiss such as kicng, dribbling an og ing. In addition to the skills ganed, the learner eveo psphysica fitness qualities suca as speed, flexibilityen ann ce and co-or inai on

Thro gh a tive invoe men in oo tbal ss sons, the aarner a quires knoeg e o basic re s, sociai ses an en oys par ciat ion with o hers. Exer ence ga ned should ena le aarners to play or sec ulate in a ga e o oo tball r o an inor med oi nt of view. Boys an girs should be given an equal chance to par cipate in football although girs may be a lowed a chance to r a tise the skill seara ly ro m the boys. Aeq uate aen tion should be aid to ar or ate ressing that alos free ari cipai on in ee a tivities.

Learning Outcome

The learner should be able to apply knoeg e an uphod o rrect basic skills and re s in playing, officia ing and sec ula ing in the ga e of football in comet itive and leisee situai ons.

Subject Competences	Language Competences	Content	Suggested Teaching/ Learning Activities	Life Skills and Values
The learner	The learner	• ss sing/	• ss sing/kicng	Critical
passes/kicks	• listens	kicng	a ball on the	thinking
the ball	to/signs and	us ng	gro nd	• ror ming a
correctly with	reson ds to	inside of	ss sing/kicng	ss k in more
the inside of a	instructions	a foot		than one way



Subject Competences	Language Competences	Content	Suggested Teaching/ Learning Activities	Life Skills and Values
oo t. con ro s a ball using the foot, thigand chest. shoos at a goa to score pero rms row -ins correctly.	• uses these unfamiliar words correctly as applied in oo tball: shoot, dribble, as s, throw-in ball con ro.	 Dribbling Ball con ro us ng diee rent boy parts oov thigh, chest) Shooi ng Thro -in ro a snn ding os ition 	a ball with diee rent ee t ss sing/kicng a ball to var ed distane s Dribbling a ball individually over var ed distane s Dribbling a ball using diee ren feet Controlling a ball using diee rent parts the boy (oo t, thigh, and chest) Shooi ng from diee rent os itions Shooi ng at diee rent angss Playing mini- ga es in small gro s not e cee ing four by four Throi ng the ball over var ous distane s	Creative thinking Coming up with new ways of eror ming a ss k Friendship formation Teamwork Wor ing ree y with oe rs Vo unteering Assertiveness Giving reasons for a tions taken Snn ding for one's right Values Cooe ra on Patience Appre iai on ss e ct con ien ce

The lener

- i kicks and passes the ball accurately using the inside of foot.
- ii contro s the ball corre ty using the foott high or chest
- iii thro in accurately ro m a stn ding position
- iv) kicks the ball into the gol over varying distn ces and gg ss.

- i ii de lener s to make bass and gol posts using local mer ials like polythene bags, banana fibres or old cth s and sticks.
- ii Fol ow the sgg esteg uide to te h foot all: ss sing/kicng (1 e rio), Dribbling (1 eri od), Ball contro(1 er io), Shooting (1 eri o), Thro -in(1 eri o).



TOPIC: NETBALL

Durt ion 05 rr iods

Overview

The game o net all builds on the moven t and ni pulative s ills o invii on and nn test ges. At Level 2, the learner wil build on the s ills o thro ing, tt ching, do ging and rr king rr e dy acqrr e in Level 1. hh er s ills sc h as psi ng aiming and shooting in air o er the he will also be intro uce . The learner will apply these s ills while oe rving o otwork and position o play. Much as net all is reg de as an tt it or girs bos should e ually be given op ortity to learn and prtt ise the basis s is. Ho er , the bos should prtt ise separately fro girls.

Basis ills of att cking and deenngshooti ng and goal keeping wil be prtt ise individually, in pairs in small gro ps and/or in full teams. The learner wil gain ph sical itness qualities schas ee, flexibiit, endurance, oo rdination and balance. Social sills schas team work, oo peri on reset, patience and oe rvance o resand fair play will be de elope.

Learning Outcome

The learner should be able to denstre —, uphold and apply basi s is, techniqsw str ctr es in playing, o ficiating and s et ating the game of netball during competitive and leisr e sitti — ons

Subject	Language	Content	Suggested	Life Skills and
Competences	Competences		Teaching/	Values
			Learning	
			Activities	
The le rner:	The le rner:	 Cat hing and 	• Famili ris tion	Critical
 peror ms the 	listens	throwing	dri ls.	thinking
ski l of	to igns and	• Foot ork.	 Toss ball to self. 	• Peror nn ga
passing and	responds to	• Basic pse s	 Throwing an 	t sk in more
cat hing the	instructions.			th n one way

Subject Competences	Language Competences	Content	Suggested Teaching/ Learning Activities	Life Skills and Values
ball correct y. de onstrates correct oo t or , dodging and marking s ills shoots correct y using two h nds.	• uses these unfamili r wor s correctly as applied in oo tball: - shoot dodge, psw blo king, marking, cat hing	(two-h nded) - chest pass - oe rh e d pass - bounc e pass • Dodging gett ing free • Marking marking player with or witho a ball • ooti ng • ee t o h nded shot	cat hing with partner Cat hing lo , middle and high balls. Cat hing ball r o different rr ections and at different se eds. Lannn g (on both e et) with the ball and balancing. ee pping or ward and backwards. Reaching or the ball. Two h nded shooting witho op osition. Two h nded shooting with op osition	Creative thinking Con g up with new ways of e ror nn g a t sk Friendship formation Teamwor Working r eely with others Voltt eering



The lener:

- i pse s the ball rr ret ly (at least 5 o t o 7 trials) to a ptne r ing
 - chest pass
 - o erhe d pass
 - bo nce pass
- ii denstre s corret foot ork, dodging and marking skis.
- iii shoots and sr es a goal (at least 3 o t o 5 tris using to hands

Hints for the Teacher

i This toi c will be tgg ht for 6 perio s as follows

Catching and thro ing Foot ork sixp se s Dodging Marking Shooting Perio -

- ii The balls and goal posts nn be i pro ised using local te ri ls.
- iii Le rners should be encouraged to make their on balls using the local terils schas banana i bre dis ose poythene paper od oo thesetc. The learners nn collect the dis ose poy thene paper within the shoo compon and make use o it in order to conserve the environnt
- i) You wil hv e to use play ied , net all, goal posts and rings nets bi s whist .

TERM 3

TOPIC: VOLLEYBALL

Duration 6 ri os

Rationale

This toic o cuses on introucing the learner to a no-bonce game where players aim at playing a ball over a net into the opponent's court. The practical lessons will be strotted around voleng, sering, digging, setting and receiving using medium-sized balls size 3 or 4.

Lessons should be con cte o t-doors ee re a net should be set up using a ng rope i xed on to oss rn ing a ng thof 9 metres. The height of the rope should be 2-2.5 metres to enco rage passing the ball up and or . nn ds, cth or i bre strings should be tt ached to the ro e which can be uset o demarcate the net into smaller pling areas.

Learners should be helped to deveo p the skill individually, in pairs or te s of 2x2, 3x3 and 4x4 beo re engaging in the ball game. The learners will obser etten d territoriestea mwor and coo eri on

Learning Outcome

The lenn er sho ld be able to apply basic skills, techniques and rin cipss of playing, officiating and sec ulating in the game of vol eb all.

Subject	Language	Content	Suggested	Life Skills and
Competences	Competences		Teaching/Lear	Values
			ning Activities	
The le rner	The le rner	 Volleng the 	 Volleng the 	Critical thinking
peror ms the	listens /signs	ball	ball to a	• Peror nn ga
basi ski ls of	and reso nds	• Serviceee rv	partner	t sk in more
volleying,	to	e (under-	 Volleng the 	th none way
serving and	instructions.	ar ser e	ball over a net.	• Cre tive
ggin g.	uses words	• ggin g	 Volleng r om 	thinking
	applied in		vario	• Con g up with



Subject	Language	Content	Suggested	Life Skills and
Competences	Competences		Teaching/Lear	Values
			ning Activities	
	volleyball appropriately hic h inclu e volleying iggin g, service, tossing.	 aa nce Contact with the ball Transfer of e ight Use space he n volleying Mini-game competitions 	positions (stanin g kneeling or umpi ng . Tossing the ball iniviua lly at varied ista nces and targets. gg ing the ball using both hans. ggin g to varied ista nces. ggin g and moving to varied positions	new a ys of peror ming a task Friendship formation Teamo r Working r eely i th others Assertiveness Il unteering Giving reasons or actions taken aa ni ng for one's right Values Cooperation Patience Appreciation Respect Conid ence

The learner

- i e ecutes a service accurately.
- ii volleys a ball accurately to a partner over a net.
- iii peror ms the digging correctly.

- i co urage learners to make on balls using locally available materials like banana i bre, old nes paperspoly thene bags and old cloths.
- ii You can use the 6 perios for this topic as follo s: Volleying (2 perio s), Service (1 period), Digging (1 period), Mini-competitions (2 perio s)

TOPIC: HANDBALL

Duri on 05 ri os

Overview

nn dball is a comet itive invasion ball game which is introu cet o the learners in Level 2 and Level 3. Rudimentary skills of catchingthr oi ng, moe ment on the court, dribbling and shooting using one hand will be deveo ped in a rog ressive and systematic mnn er These will be complemented with the streg ic development of court movement, attack and dee nce, diving as we las gol kee ing skills at individual, gro p and te pr ctice levels.

Learning Outcomes

The lener should be able to:

- i demonstr eero r , practise and apply basic skills, and t ctics in h ndball.
- ii hh old rules struct res and rin ipss of playingooii ciating and sec tii ng the game in comet itive and leisure situii ons.

Subject	Language	Content	Suggested	Life Skills
Competences	Competences		Teaching/	and Values
			Learning	
			Activities	
The le rner	The le rner:	• Basic s ills	 Practising the 	Critical
e ror ms basi	 listens and 	and ball	two-h nded	thinking
ski ls o>	responds to	contro -	cat hing with	• Peror nn ga
cat hingh ro	instructions.	Cat hing	emphasis on the	t sk in more
wing,	uses the	throwing p	gri, st nce,	th none
passing,	unfamili r	assing	ti ng as well	way
dri bling,	wor s	• Dri bling	as coornn ation	• Cre tive
movement with	correct y whi h	 Moe ment 	and transe r of	thinking
a ball	inclee ; nn i-	with the ball	weight and	• Con g up
de onstrates	g me, nn i-	• sitio nal	ol lo -throhh .	with new
basi t cti s in	cop etitions,	play.	• Peror nn g	ways of
att ck and defence	gri, dribbling	Att ck and	chest pass dri ls.	e ror nn ga
uciciico	bouncing,		• Mon g with or	t sk



Subject Competences	Language Competences	Content	Suggested Teaching/ Learning Activities	Life Skills and Values
	diving	defence Shooting for go l – with dive Witho t dive Blo king a shot Go l kee ing	witho a ball. Bongg and dri bling the ball around obstacles (st ggers, skitt es, cones). Peror nn g hoi ng and stepping shot dri ls. nn g e h nded oe rhead shot with and witho dive. Stationary shot and jump shot Simple att ck cob inations Go l keei ng an te m defence Training or health se fassess ent, e rsonal achievement, org nis tion for cop etitions, to naments an minileage s.	Friendship formation Teamwor Wor ing r eely with others Assertivenes S Voltt eering Gin g reasons or actions t ken Standing for one's right Values Coo eration Patience Appreci tion Respe t Conid ence

The lener

- i corret ly tt ches a ball ro a ptne r (at lett 5 o t of 7 tris
- ii corret ly thro sp se s a ball to a ptne r (at least 5 o t o 7 tris
- iii dri bles and moves with a ball on the court or a distance o at least 3m.
- i) denstre s rr ret att ck and deen skis.
- v) participates in mini-coee titions for skill de elopnt

Hints for the Teacher

- i This to ic should be t ught o er 5 perio s tweve o whi will be o r sm rr i ing and reviewing the skills learnt in all to ics during the course of the ye r.
- ii The perio s should be handled as follows

Basic skills in handball
 Ball control
 Attack and deen
 Basic rules and o ficiating
 1 Perio
 2 perio
 1 perio

- iii The balls and goal posts nn be ip ro ised using local te ri ls.
- i) Le rners should be enco raged to make their on balls ing the local terrils schas banana iea dis ose poythene paper od oothes. They (le rners) nn collect the dis osed Polythene paper within the shoot compon an make use of it in order to conserve the environn
- v) The ni -competitions and se ssn t in this to i ee o cusing on ree wing what has been learnt thro gho t the ye r (i.e athti cs, gymnastiw o ot all, netball, vol eyball and handball). In other words the are a s mmary of the tt iti es learnt during the course of the ye r.
- vi) They pro ide learners with an op orti ty to apply the s is theh ave acqrr e during the ye r.



- vii) More ip ort ntly, the nn i-competitions and se ssnt give yo op orti ty to assess yo rself and the learners as to whether learning has taken place.
- viii You will hv e to use playied, goal posts whists colore bisvests and team bans

CAPE 3: ART AND TECHNOLOGY

TERM 1

Theme: Drawing and Painting

Topic: Drawing and Painting Pictures

Duration 12 rr io s

Overview

Drawing is basic for ee r work and all subje ts nee drawing to make ch rts. Ftt hermore, be ore constricting a house one nee a stt ch o how it will look like; one nee a stt ch of a ee ss one nn ts to make; ee n the sod iers nee a sketch of how the will move to attack the enemy ii ch ee all drawn.

This underlines the importance of drawing in our lives and the skill of ingg cnn ot be learnt in just a copie of erios. In or er to gain a sustinable amount of ingg, the tenher nee to slowly take the learners through. The tenher also nees to construct enurge the learners in order to sustain their interests. In addition colour is available in or ery day lives, so it is import that learners learn about coour.

Learning Outcome

The lener should be able to:

- i h ndle and e er iment with vii ous drw ing materiss.
- ii appre iee coo ur and unrs tn dits import e in life.



• identi ies	Creative thinking • nn oa ti eness
 describes the materi Is and too s used in drawing and painting drawing identi ies lines in artwor. makes patterns and sh e s using different lines. sh des pictures using different techniques. dis ays work too s used in drawing drawing (e nci s, pae r, strings, scissors, scissors, shar ener Different kinds of lines (straight broken sh e s using different decoration, Different patterns and sh e s using different techniques. Different patterns and different patterns and sh e s using different techniques. Different patterns and different patterns and drawing different patterns and patterns and drawing different patterns and patterns and drawing different patterns and drawing drawing different patterns and drawing different patterns and drawing drawin	 ii ti ting new ie as Logi l reasoning Finnn g dife rent ways of ii ng things Decision making Making choi es Values Appreci tion Respe t Sharing Loe

Subject	Language	Content	Suggested	Life Skills and
Competences	Competences		Teaching/ Learning Activities	Values
r ia ry and secondary. • mie s co or to get secondary co or s. • uses co or to paint pictures.		making co or (leaves, ch rco l, soi, flo ers, ash, water) • Uses of co o r	dife rent co or s using locally available materi ls. Categorising co or on the co or wheel. Min gr ia ry to o rm secondary co or s. Using different co or s to co or /paint pictures.	

The lener

- i names she s and lines in the environment.
- ii draws and sh des a picture following specific directions.
- iii col ects and uses mer ials to make a coo ur.
- iv) paints a picture using approri te co o r

Guidance for the Teacher

- i There is need to support leners to inn tify diferent tern s in the environment.
- ii Encourage learners to apre iate one another's work.

53



- iii) Ideally, Art classes should be organised o tside the roo $\,$ s and ea r ers sho $\,$ ld be guided to study the enviro $\,$ met $\,$.
- iv) Guide leer s to study the enviro met in or r to identify dieere t mater ss that can be used in the r e ssos .
- v) Guide leer s to discs s see t me sr es when and ways of making coo rs .
- vi) Ensure thet ear erstidy up the place where they have conducte the lesson robeore they eave
- vii) Some of this conte t can be coere as take home ro e ts.

TOPIC 2: DRAWING AND PAINTING LANDSCAPES

Duratio: 12 Perio s

Overview

A landscape is sceer which is part of the e viro met. A landscee s ually h s a lot of inor mation for re or ing and it is up to the artist to see ct what to be included be ause not all that is seen is ver imort t or interest ng to be included in the drw ing.

In order to see ct a sect on of the landscape to draw and paint, the artist nee to use a view finrr . Th s is a small rectn gular or square window cut thro gh a ee ce of paper wh ch can then be s ed to define the area to be drawn.

Learning Outcome

The e arner should be able to s e a view finder to see ct a view for drawing and paint ng.

Subject	Language	Content	Suggested	Life Skills and
Competence	Competences		Teaching/Lear	Values
			ning Activities	
The le rner:	The le rner			
 describes 	pronounces/	• Featre s of a	 ss cs sing and 	Problem
sce eries with	signs, reads	se e ted	describing	solving
both natr l	and	environmet	o jects in	 Taking
and man-	wrt es/braill	wh h shol d	scee r	decsos
made o jects.	es words	be sce ery	• Co struct ng a	 Making
• mee sa	related to	w th both	ee w finder	cho es
simple view	draw ng and	natural and	(pinning,	 Finding
finder.	paint ng	manmade	pastn g/gluing)	dife rent
 de onstrates 	landscae s	obje ts	 Select ng 	strategies
thes eo a	wh h	 A ee w finder 	sce eries	Interpersonal
ee w finder in	include view	(cut o a	• Draw ng	relationship
draw ng a	finder, ctt er,	w ndow o a	se e ted	 Sharing w th
landscae .	ho e, paper,	ee ce o	sce eries	others
 accra tely 	scee r ,	pae r	 Mixing co or s 	• tt eractn g



Subject	Language	Content	Suggested	Life Skills and
Competence	Competences		Teaching/Lear	Values
			ning Activities	
draws a se e ted landscae . • identf ies co or s and paints	brs h, paint ee .	• Draw ng roaee w	to paint a scee r Paint ng sce eries sce eries work	r eely w th others Values Appreciato
scee r . displays own work. critiques work displayed.		finder. • ee nery paint ng	 Critiquing other learners' work 	Respe tSharingLoe

The leer:

- i) mee s a view finder using materials available o cally.
- ii) draws and paints a see cted landscee .

Hints for the Teacher

- i) Guide leer s to make simple view finders in ore r to draw landscee s around the schoo.
- ii) Lessons should start wth drawing sceer ies th tinclude a few oj e ts in order not to over rowd the drawings.
- iii) Learners can be guided to make er manet view finrs using frames.
- iv) It is suggested that learners carry some of the cot ent as take home assignmet s.
- v) Where possibe, enco rg e learners to make their ow paint ng brs hes fro st cks and str s crs hed at one end to make fine br ste s.

TERM TWO

THEME: FOOD PREPARATION

Topic: Preparing Snacks and Special Dishes

Dra ion 24 Perio s

Overview

Food re ara ion is the pro ess of mak ng food ready for consumption It involes cleaning, chopping/shreddingan d cook ng. Food re ara ion can be made simple like in preara on os nacks which can be elaborated for sec ial pro ses like roasting mea.

Learning Outcome

The learner shold be able to reare snaks and secial dishes fro lo all aa ilable ood stuffs.

Subject	Language	Content	Suggested	Life Skills
Competences	Competences		Teaching/	and Values
			Learning	
			Activities	
The learner:	The learner	 Meaning o snacks 	 Describin 	Interpersona
 describes 	r onon es/si	 Different types o 	different	1
different types	gns, reads and	sna ks	types of	relationship
of snacks.	writesb railles	 Ways of a king 	snacks	 Interacting
 describes the 	wors relae d	snacks (frying,	ss cs sing	freely w th
ways of a king	to snacks and	roasting, bol ing,	ways of	others
sna ks	se cial dishes	a kin)	a king	aa ring w th
• ie ntifies	which include	 Requiree ns for 	sna ks	others
	baking, frying,			



Subject	Language	Content	Suggested	Life Skills
Competences	Competences		Teaching/	and Values
			Learning	
			Activities	
requiremens	bol ing, snacks,	mak ng a sna k	 Listing 	Critical
rr a king	salt, sugar,	(sugar, salt, spices,	requiremen	thinking
sna ks	cooking oil,	cooking oil)	s rr	 Logical
prepares an	e els, slice,	 Pro ess of a king 	a king a	reasoning
serves a simple	serve, cost,	a sna k (cleaning,	snack	 Initiating
snack	a e rial,	chopping, cooking	 Costing a 	new ideas
coss and	breakfast,	and serving)	snack	 Finding
pr ces a sna k	supper, dinner,	 Serving a sna k 	• Prea ring	different
 ie ntifies and 	ingrediens,	(garnishing the	and serving	ways of
nae s se cial	spices, onions,	e al, laying the	a snak	doing things
dishes	cooking,	a ble, serving the	ss cs sing	Values
 describes ways 	e corating,	oo d)	types of	 Appreciation
of a king	se cial, dish,	 Costing a a rticl ar 	se cial	• Loe
se cial dishes	grinding,	snack	dishes	• Respe t
 ie ntifies and 	garnish.	 Types of se cial 	 Describin 	 Coo eration
names		dishes (breakfast,	an	
ingrediens for		lnc h, supper,	r ea ring	
se cial e als		dinner)	se cial	
prepares		 Ingrediens for 	dishes	
garnishes and		se cial dishes	ss cs sing	
serves spe ial		(oa oe s, onnn s,	ingrediens	
dishes		salt, cooking ol ,	of a special	
coss and		flor , flaou ring,	dish	
r ices a se cial		sauce, oo d)	 Costing a 	
dish		 Prea ring a special 	given	
		dish (cooking,	se cial dish	
		garnishing,		
		e corating,		
		ser in)		
		 Costing a given 		
		se cial dish		

The learner

- i) re ares and ser ing snacks.ii) re ares and ser ing a spe ial dish.

iii) coss a given dis .

Hints for the Teacher

- i) Learners shol d be cattioned on safety tist to avoid a cients like burns and \cos .
- ii) The tea her shol d emphasise a high san dard of hygiene an sana ion dur ng preara tion an ser ing.
- iii) The tea her shol $\,d\,en\,\,o\,\,$ ra $\,e\,\,learners\,\,to\,\,work\,\,and\,\,consl\,\,t\,in\,\,$ gro $\,s\,\,$.



TERM THREE

THEME: DESIGNING AND DECORATING ARTICLES

Topic: Making an Apron

Dra ion 12 Perio s

Overview

ss igning an e cora ing ar cles will help the learners to ev elop, r a tise an aly dieerent e chniqe s like stitching an printing. This topic wll ena le the learners to ar e iate bea ty an es ign. The learner will ev elop an ra ctise skills in making an e cora ng an ar on using var o s stitches an ri nting. The aron may be sold so as to generae income for fur her ev elopmen of this skill

Learning Outcome

The learner shold be able to make and delorae an apron.

Subject	Language	Content	Suggested	Life Skills and
Competences	Competences		Teaching/	Values
			Learning	
			Activities	
The learner:	The learner	 Different 	 Observing and 	Creative
• ie ntifies	r onon es/si	styles/fasoo	a lking abot	thinking
differen	gns,	ns of ar ons	the different	 Finding
styles/fason	reas/ touches	(bib, half-	styles/fason s	different ways
s of ar ons.	an	length)	of ar ons	of oing things
 describes the 	writes/brailles	 Different 	 Observing 	• nn oa tiveness
different	oc abl ary	types of	different	Friendship
styles/fason	relae d o	stitches s ed	stitches	formation
s of ar ons.	e signing and	in neel e	 Telling the 	• aa ring
• ie ntifies	e corating	work	differences in	 Working in
different	articles which	(r nnin -,	stitches	gros

Subject Competences	Language Competences	Content	Suggested Teaching/ Learning Activities	Life Skills and Values
types of stitches. • nae s the different a rs o the bo ⁹ to be e asr ed. • sketches the different styles/fason s of ar ons. • takes measure ent s	inclee apron, style, fason , bib, half- length, stitches, r nn ng stitches, cross stitch, ba k stitch, blanke stitch, sketch, neck knee, height, waist, chest, hips, measure ent sr ing, rl er, a e e asr e, a e r, pencil, scss ors	blanket- stiches) • Bo ⁹ p ars e asr e we na king an apron (ne k to knee, waist, chest, neck and hips). • Tools required to take measure ent s (a e	 Naming the different stitches Matching stitches in sall e ar ons w th the names Naming the different a rs of the bo⁹ to be measre d we na king an a ron Sketching the style/fason of an a ron Draw ng the ar on on a per s ing a pencil Taking and recording e asr emens in a irs 	Effective communication Confidence Verbal e pression Non-verbal e press on Values Appreciation Respe t Patience Loe

- i) draws a ske h of a style of fashion oan apron.
- ii) es cr bes the pro ere followed when making an apron.

Hints for the Teacher

- i) Collect used pae r rer al o nen t paper bas to ll p them ratise cutting and es igning aprons.
- ii) Start the learners on the basic s itch an let the master the styles.
- iii) Guide learners on handling the neele .
- iv) Disla var os aron s for learners to see



TOPIC 2: Tie and dye

Dura ion: 12 Perio s

Overview

Tie an dye is one method s ed to decorate far ics where y siml e but inere sting designs can be obai ned by simly foli ng, tying, crm ping or sew ng par s of fabric. This toi c will equip the learner with basic skills re uired to carr out tie and dye which can be of personal benefit.

Learning Outcome

The learner shol d be able to make de ora ons on fabric too ugh tie and dye

Subject Competence s	Language Competences	Content	Suggested Teaching/ Learning Activities	Life Skills and Values
The learner: • ie ntifies fabrics that can be dye. • ie ntifies a e rials in the en iron en that can make dye • prepares lo al dyes. • describes e chniques of a king tie and dye. • dyes fabrics s ing a rious	The learner pronon es/snn s, reas/ a ctile, writes/braill es and uses wors that are s ed to make dyes which inclee flower, see s, tree barks, fabrics, dyed, dye.	 Fabrics that can be dyed (cot on, ol yester) Mae rials that can be s ed o make dye (flowers, seeds, tree ba ks) Prea ring lo al dye (getting the a e rial that a kes dye, sqe ezing juice, bol ing o preserve stor ng the dye) Pro ess of tie and dye (r ea ring the 	 Observing and naming tie and dye a e rials. ee ntifying a e rials that can be s ed o make dye Mak ng local dye Dying fabrics (ll ding, tying, applying, sew ng, a inting, gluing, arran in) 	Creative thinking Taking e cisions Making choices Finding different sr ae gies Interpersonal relationships Interacting freely w th others aa ring w th others Values Appreciation Cooe ration

Subject Competence s	Language Competences	Content	Suggested Teaching/ Learning Activities	Life Skills and Values
a e rials		dye, tying the		• Respe t
an		e sign, s ing		• Care
e thos .		multicolor ,		
 displays 		dying by		
dyed work.		immersing/dippi		
 critiques 		n or pain in		
displayed		the dyes, ironing		
work.		the dyed fabric)		
		 ww to display 		
		work (sorting,		
		s e o sa ce)		

The learner

- i) re ares dyes fro lo ally ava lable maer ials.
- ii) dyes a fabric.

Hints for the Teacher

- i) Yo sho ld inrou ce this toi c starting witss imple te hniqe s an designs.
- ii) Learners shold be guied to prepare dyes from locall aa lable maer ials to cut costs.
- iii) Encor a e learners to work in gro $\,s\,$.
- iv) Some of the con en can be given as take ho e tasks.



Appendix 1

Sample Schemes of Work and Lesson Plans for CAPE1

CAPE 1 (MDD) SAMPLE SCHEME OF WORK FOR LEVEL 2 TERM I

REMARKS	
REFERENCES	Textoo ks Teachers' resor e oo k Teachers' Guides AEP Curr Level III LongHOR N-ART AND
LIFESKILLS INDICATORS AND VALUES	• Crt aa l thinking - Taking decisions • Effective om mun a tion fle ncy clear om mun a t ion VALUES Teamwork Confidene
INSTR MATERIAL	Chart show ng anh ems Video Reor er
LEARNING ACTIVITIES	- Listen ng o the national anh em - Listen ng to an prononi ng the key wor s in the first stana - Singing/ snn ing the first stana o the National anh em
INSTR. METHODS /STRATEG IES	Rote method Discussion Explanation oo up work
CONTENT	First stana o the Ugan a national anh em
LANGUUAGE	Pronone s/sig ns /spells, reads/ra ss the wor s; rela ed to the first stana w ich inl ude Ugan a, uphold, thee, future, n ie d, free, lee r y, o gether, sa nd
SUBJECT COMPETEN CES	Listens to the Uganda anh em Sings the first stana anh ems Discusses the mean ng of the sa nza
SUB- TOPIC	Uganda national anh em
TOPIC	Anh ems
ASPECT	Singing
P D	_
× ×	-

REMARKS																			
REFERENCES	GY P.6	Odola	NCDC (2011)	Prm ary	5Curru lu	m Set Two:	Crea ive	Ar s and	Ph saal	Education	NCDC	(2011)	Prm ary	5Curru lu	m Set Two:	Crea ive	Ar s and	Physical	Education
LIFESKILLS INDICATORS AND VALUES	Appreciation	Acceptaee	Responsibility Cooperation	4															
INSTR MATERIAL																			
LEARNING ACTIVITIES	- Discussing	ee	meaning of ee first	staaa of	ee	national	ahh em		CME TIDE	Signing	and	fine rspel	ing ee	nauonai	dilli eiii				
INSTR. METHODS /STRATEG IES																			
CONTENT																			
LANGUUAGE																			
SUBJECT COMPETEN CES																			
SUB- TOPIC																			
TOPIC																			
ASPECT TOPIC																			
P D																			
× ×																			



CAPE 1 (MDD) SAMPLE LESSON PLAN FOR LEVEL3 TERM 1

Date	Class	Learning	Time	Number of Learners		
		Area		Male	Female	Total
22/08/20	Level 2	CAPE II	11:10-	40	69	109
18			11:50			

Aspect: Singing **Topic:** Anthem

Sub-topic: Ugad a Na ional Anthe

Content: First stanza of the Ugad a Nai onal Anee m

Competences:

Subject: The learner:

 listens to the Ugana na ional at hem
 sings the first stanza of the Uganda nai onal at he

disc sses the mea ng of the stanza.

Language

The learner pronouncesrreas and writes the key words of the first stanza in the Ugad a na ional anee m which include Uganda, uph ld, ee , lay, future, thy, hands, united, liber , togee r, stand.

Instructional strategies/methods

Rote meth d, I do-you do-we do, discussion, e planai on

Instructional materials: Char s displaying the Uganda nai onal at hem

Special Needs Tips: Finger spelling/signing and writing the a the in large font

Life Skills Indicators and Values

Critical thinking

- Analyzing statemet s
- Tai ng decisiss

Effective Communication

– Audibility a d fluency

Friendship formation

Team work, working freely with others.

Values

Teamwork
Confidence
Appreciation
Acceptance
Responsibility
Cooperation

Resources

- Textbooks
- Teachers' resource book
- Teachers' guides
- AEP Curr. Level 2
- NCDC (2011) Primary 4Performing Arts syllabus for Uganda
- NCDC (2009) Primary 5 Curriculum Set Two: Creative Arts and Physical Education

Teaching Procedure

Steps	Duration	Teacher's Activities	Learner's Activities
I	5 minutes	 Introduces the lesson with a common song Asks learners to name any known anthems 	Learner sings a common song/familiar song Names a known anthem
II	10 minutes	=gives a brief background of the Uganda National anthem (date, composer, importance) - Introduces the Uganda National anthem to the learners by rote methodGuides the learners to pronounce the key	 Actively listens to the teacher's explanation. Pronounces the key words. Actively listens and observes the teacher or resource person singing



		rds	
III	20 minutes	 Asks lear ers to sing the first stanza line Displays charts showing the anthe ii des learners to read after him 	 Sings the sta za ol ow ing the teacher line by line in grous and a irs ad s after the teacher Sings after the teacher
IV	5 minutes	 Asks lear ers to sing the first stanza in chorus Demostrat es the proper o sture when si gi g 	- Practises singing the anthem in chorus

Evalat ins

Strengths:
Weaknesses:
Way forward:

CA E 2 (PHYSICAL EDUCAT N) SAP LE SCHEME OF WORK FOR LV EL 2 T RM 2

RE M	
REFERE	NCDC (2011) Prm ary 64 Curru 1 um Set Two: Creative Arts and Physa 1 Educat on NCDC (2011) Primary 5 Curru 1 um Set
INSTR MATER IALS	Bass Wh st e gg s Goa post bass bass
L FESKILL (SKILL INDICATORS AND VALUES	Crt aa l Thn kn g Perfor i ng a task n more than one way Creative th nking Co n g up with new ways of do ng th ngs Fre ndship for ato n Tea work Workn g freely wt h others
LEARNING ACTITT IES	- Passn gk kk n ga ball on the gro nd - Kickn g the ball with the n sd e of a foot to n tere pt the ball SNE TIPS Bare bass
INST. MAT /STA TEGIES	Demonst rato n Explanat on Participat on
CONTE	Pass kkk the ball orre c ty wth n sd e of a foot
LANGUUAG E COMPT NC E	 Lst ens s gns and respond s to n str t ons Reads/s pess fn ger spess the words orre t l y: Foot ball Kick Ss s Rick Rick<
SUBJECT COMPETE NCES	Pass kic k the ball orre t ly wth n sd e of a foot orre t ly
SUB-T PIC	Passn g/Ki
T P	Foo t pall
TE	Gam es and So r ts
P D	П
×	_



Creative	Arts	and	Physa 1	Educat	on		AEP	Curru	5	mn	Pg		
		VALUES	- CO-	o erato	u	- Pate ne	- Apprecia	t on	- Confd en		ر		
the	Gro nd												

CA E2 SAP LE LESSON PLA FOR LEVEL 3

tt e	Class	Subject	Time	Nerr	of Lear	ners
				Male	Female	Tt a
22/8/2018	Level 2	PP E2	8:30am -	40	69	109
			9:1			
			0			
			am			

The e Games and sports

Tic Foot ball

Sub-toic Ps sing/kicking the ball

Cn tent: Ps sing/kicking the ball using the inside of a

foot

Coee tences

Subject: passes/kicks the ball using inside of a foot

correctly

Lan ae :

- Listens and responds to instructions.

- Reads and spells/fingerspells the words correctly. (Football, Kick, KickingPPass, Ground, Passing, Roll)

st rc tina strate ies tt hs

demonstration, explanation, I do, we do, you do

st rc tina materials balls, whistle, pegs, banana fibre, balls

ecia Needs Tips: Balls with bells

Life s il s inica tors and va es

- Critical thinking performing a task in more than one way
- Creative thinking coming up with new ways of doing things
- Friendship formation team work, working freely with others,
- Volunteering

Va es

- Cooperation
- Patience
- Appreciation
- Confidence



Teaching Procere

Stes	Phase	Duration	Teacher's Activities	Learner's Activities
I	Preparation	2 minutes	Changing P.E attireAsking learners to move to the field in a double file	Change in P.E attireMove to the field in a double file
II	Warm up activities	3 minutes	Instructing learners toFly like birdsRun and stop at signalHop a step and jump	 Flying like birds Running as instructed Hopping a step and jumping
III	Skill acquisition	6 minutes	Teaching a new skillKicking the ballPassing the ball on the ground using the inside of a foot	 Kicking the ball Passing the ball on the ground using the inside of a foot
IV	Skill practice	20 minutes	 Guiding learners as they practice the skill Correcting learners as they kick/pass the ball 	- Kicking/passing the ball to friends using the inside of a foot
V	Game situation	5 minutes	 Instructing learners on how to play the game, throw a handkerchief by running and throwing it behind the friend. Then he/she picks it and runs to reach a place before the one who threw it. It is done in a circle singing a song: Sula akatambala 	Making a circleSingingClappingrunning
VI	Warm down activities	4 minutes	Demonstrating to learners how to walk slow motion counting one- two	- Observing and walking slowly

Evalat in

Strengths:	
Veaknesses:	
Nay forward:	

CAPE 3 (ART ANTT ECHNOLOGY) SAMPLE SCHEME OF WORK FOR LEVEL 2

REMARKS	
REFERENCES	Te to oks Teachers' Resource books Trachers' Guides AEP Curr Level 2 Longhorn- tt and Technology P.5
INSTR MAT RIAL	• Cutt ng tool • Dyes • Brs h • Pencis • Pencis • Pae r • Crayons • strings • strings • Threads Pa r of scs sors • Foil pa er/s lver a e r Charts de cting diff erent e wes
L FESKILL (SKILL INDICATORS AND VALUES	critica thinking
LEARNING ACTITT IES	drawinga nd paintings in the en ironment - Sortn g drawings and paintings in the en ironment - Identing, listinga nd naming materia s and tools used tio draw and pa nt pict res SIRET PS - Signinga nd fingers elling the words Brailling words
INST. METHODS/ STT EGIES	Namn g Discoe r drawings and paintings in Demonstraton the en ironment Experimentat on Materia s Group work andt oos s ed in Os ervation drawing and painting ddo we do you do
CONTENT	Namn g drawings and paintings in the en ironment Materia s andt oos s ed in drawinga nd painting
LANGUUAGE	The learner pronoun es/s gns se lls reads/r a ls and s es the words rea ted to draw ng and pan tn gwhich incdd e d e, e ncil pae r, color s brush painting, drawing
SUBJECT	The learner: - identifies dff erent drawings in the en ironment. describes the materia s and tools used in drawinga nd painting.
SUB-T PIC	Drawing and a inting pictr es from the en ironment
T PIC	Darw ng and painting pictures
ТНЕМЕ	Draw ng and Painting
PD	п
WK	н



CAPE 3 (AT AND TECHNOLOGY) SAP LE LESSON PLA FOR LEVEL2 TERM 1

tt e	Class	Subject	Time	Nerr of Learners		ers
				Male	Female	Tt a
22/08/2	Level 2	CAPE 3	2:10-3:30	50	69	109
018			PM			

The e Drawing a d Painting
Tic Drawing and painting pictes

Sub-toic Drawing and painting pictes in the ev irn met Cn tent: Identifying and na ing drai ng in the ev irn met ;

mar ia s used in ra ing and painting

Coee tences:

Subject:

The learr

- na es and ien tifies pa ntings in the envirn met.
- es cr bes the mae r a s used in drawing and painting.

Lan ae :

The learner pronounces, reas and writes words re ated to drawing and painting which include drai ng, painting, pencilcorayon, dyes, paper ad sciss rs

st rc tina strate ies tt hs

Obser ai on, Discery , De onstration, Group work, discussion, e planai on ad I do, we do, and you do me h d

st rc tina materials cra ss , pencils, paper, scissss cchar , cutting tools, glue,

ecia Needs Tis: Signing, finger-spelling the wors

Life s il s inica tors and va es

- Critical th nking performing a ss k in more than one way
- ea tive thinking coming up with new ways of doing th ngs
- Fr ed sh p formai on team work, wor ing freely with others, Shar ng

- Effective communication – audibility and fluency

Va es

- Co-operation
- Appreciation
- Creativity
- Sharing
- Acceptance
- Confidence

Resor ces

- AEP Curr. Level 3 pages.....
- Teacher's resource book pages.......
- Teacher's guides pages......
- Longhorn Art and Technology Book 5 pages......1-9

Teaching Procere

ee s	ra tin	Teacher's Activities	Learner's Activities
I	05minutes	 Introduces lesson through brain storming on different drawings and paintings in the classroom. Asks learners mention common materials they are made up of. 	- Learners mention common drawing and paintings in the classroom.
II	10 minutes	 Introduces the key words to the learners and use the I do, we do, you do method 	 Listens and observes the teacher as he says and writes the words. Repeat after the teacher as a class, groups, pairs and

75



			individua ly.
			- Groups
			preset their
			fid ig s
III	40 Minutes	 Groups a d guides ea r ers to sort ad group drag s and paini ngs by coo ur a d sa p ii des learners to ide tify ad na e maer ia s used in drag and painting 	 In groups, sor s and groups drag s ad paini ngs. Groups preset their i ndings and sa re. In groups the learner ide i i es maer ia s used in drag and
IV	15 Minutes	 ii des learners to dispa ei r findings a d share critic their work Asks ea r ers oral questions about the work 	paini ng. - Groups disp ay ee drag s ad paini ngs Learners critique group disp as
V	10 Minutes	 dd s e sson by eco uraging learners to col ect more paini ngs gg ai ses ea r ers to cea n up the work pa ce Super ises the ce aig of the activity area 	- dd ies up the rk pac e / aci vity area

Evalat ins

trengths:
Veaknesses:
Vay forward:







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